

Senior Lifestyle Digest[®]

July 2008

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Fred's Cat Corner

Hey, here's a Hot Issue!

Well here we are right into July, as we start with a bang. I could use less of the fireworks and more picnics.

Enough - I have a lot of great things to bring to you this month, one from an old friend, Morris the Cat. He once told me "The cat who does not act finicky soon loses control of his owner. So all of you guys out there suck it up and let your owner know who's boss."

You won't believe these questions from my *Senior Digest Survey*:

From Shirley in Wisconsin: How can I keep my cat from stealing my husband's toothbrush?

From Bernice in Iowa: How do I stop my cat from giving food to the dog?

From Ralph in Pittsburgh: Do you know how to toilet train a cat?

Law of Random Comfort Seeking

A cat will always seek, and usually take over, the most comfortable spot in any given room.

Phooney On Dogs

*I think that I shall never see;
A dog as he's supposed to be;
A dog who since he was a pup;
Has learned when he should
just shut up.*

*I'm tired of hearing dogs just yap
And wake me when I take a nap.*

*Those boisterous creatures
bark and growl,
Bay at the moon & screech & howl.*

*They never do a lick of work,
They run around
like they're berserk.*

*They irritate like hordes of gnats.
I wish that dogs
were more like cats.*

*For cats are quiet, sweet, demure.
And known for being clean & pure.*

*But dogs are different,
that's the truth.*

*And, more than that,
they're just uncouth.*

Law of Cat Landing

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Golfing With A New Ball

A minister was getting ready to hit his golf ball over a lake. He put an old ball down for fear of losing it. He heard a voice inside that said, "Where is your faith — put down a new ball." And so he decided to put down a new ball. Then he took a practice swing. The voice spoke again saying, "Maybe you ought to put the old ball back down."

Peanuts

A Baptist minister was at the hospital visiting Aunt Susie. She explained to him that she had all 16 of her teeth pulled at one time. She didn't have any teeth. While the preacher was talking to her, he was eating peanuts that were in a bowl on the nightstand. He would talk & he would eat. He visited, then got up & said, "Mrs. Mowers, I'll be back to see you tomorrow, & I'll bring you more peanuts." She said, "No! No, I can't chew 'em. So don't bring me no peanuts 'til I get me some teeth. My gums are too tender now. What I do now is just suck the chocolate off them peanuts & put the peanuts back into the bowl right there."

Reading The Will

A lawyer was reading the will of a rich man to the people mentioned in the Will: "To my loving wife, Rose, who stood by me in the rough times as well as the good — the house & \$2 million." "To my daughter, Jessica, who looked after me in illness & kept the business going — the yacht, the business & \$1 million." "And to my cousin, Dan, who hated me, argued with me & thought I would not remember him in my Will — you were wrong. Hello, Dan!"

Nothing Ventured

The girl was very rich, & the young man was poor but honest. She liked him, but that was all, & he knew it. One night he had been a little more tender than usual. "You are very rich," he ventured. "Yes," she replied frankly. "I'm worth \$1,250,000." "And I am poor." "Yes." "Will you marry me?" "No." "I thought you wouldn't." "Then why did you ask me?" "Oh, just to see how a man feels when he loses \$1,250,000."

There was a small town in the rural South with a young public defender. His first case was a chicken thief. The public defender went to court and argued strenuously on behalf of his client & got him off. As they were walking out of the courthouse, his client said to him, "Does that mean I get to keep the chicken?"

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Service

Arnold & his wife were cleaning out the attic one day when he came across a ticket from the local shoe repair shop. The date stamped on the ticket showed it was over eleven years old. They both laughed & tried to remember which of them might have forgotten to pick up a pair of shoes over a decade ago. "Do you think the shoes will still be in the shop?" Arnold asked. "Not very likely," his wife said. "It's worth a try," Arnold said, pocketing the ticket. He went

downstairs, hopped into the car, & drove to the store. With a straight face, the man said, "Just a minute. I'll have to look for these." He disappeared into a dark corner at the back of the shop. Two minutes later, he called out, "Here they are!" "No kidding!" Arnold called back. "That's terrific! Who would have thought they'd still be here after all this time." The man came back to the counter, empty-handed. "They'll be ready Thursday," he said calmly.

Pat and Mike

Old Pat who had retired years ago, but was looking for a job, came to see his friend Mike who was working at the saw mill. Well it seems old Pat landed himself a job working at the saw mill with Mike. Just before morning

break, Pat yelled, "Mike! Help! I've lost my finger!" "Have you now," said Mike. "And how did you do it?" Pat replied, "I just touched this big, shiny thing here like this... whoops! There goes another one!"

Not Now!

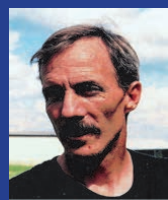
A recently retired banker fell overboard from a friend's sailboat. He floundered in the water. The friend grabbed a life preserver, held it up, not knowing if the old banker

could swim, & shouted, "Can you float alone?" "Well, you would need some sort of collateral," the old banker replied, "but this is a bad time to discuss business."

Road Trip

At the end of an exhausting road trip, an old salesman pulled into his last motel. Because of the lateness of the hour, he left his luggage at the desk & went to the dining room to eat. After a leisurely dinner, he reclaimed

his luggage & realized he had forgotten his room number. "Excuse me," he spoke to the desk clerk. "Could you please tell me which room I'm in?" "Certainly, Sir," replied the desk clerk pleasantly, "You're now in the lobby."



On The Road With Jim Smith

After enduring another hot summer here in Central Florida I have decided that you people are right. There is nothing more important than your vehicle's air conditioning. Right after, brakes, tires, and steering. But I have covered these items in separate articles. Not all air conditioning systems are the same. Some older vehicles use a different type of Freon, and while comparatively these systems are simpler they can be more expensive to repair. Today's automotive A/C's are mostly Automatic Electronically Controlled Systems; there are more sensors and computers. So when the

A/C doesn't work the problem may be more complex. Not just an "add some gas" repair like we did back in the days before all this computer stuff. Today's cars adjust the climate to where you are sitting in the car. And it is nice when you and the passenger can both be comfortable at the same time. So fixing the A/C may not always be the easy chore of days gone by, so better to get it looked at by a professional. Now also remember with this summer season comes family outing and other 'togethers', have a great summer of fun, but please drive carefully and be kind to one another. ☺

Jim Smith is a 20-year plus certified Master Auto Technician. Now the current owner of Smitty's Auto Emporium, 30940 Suneagle Drive, Mount Dora, just off SR 46. E-mail Smittymtdora@aol.com

☺ The Check ☺

An American tourist in Tel Aviv was about to enter the impressive Mann Auditorium to take in a concert by the Israelite Philharmonic. He was admiring the unique architecture, the sweeping lines of the entrance & the modern décor throughout the building. Finally he

turned to his escort & asked if the building was named for Thomas Mann, the world famous author. "No," his escort said, "it's named for Frederic Mann, from Philadelphia." "Really? I've never heard of him. What did he write?" "A check," was the answer.

Old Credit Manager: Do you have any money in the bank?

Loan Applicant: Certainly.

Old Credit Manger: How much?

Loan Applicant: I don't know. I haven't shaken it lately.

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Did You See That!?

A man rushed into a bar and ordered a double martini. The man downed it with one swallow, put a five dollar bill on the bar, and turned and rushed out of the bar. The bartender picked up the five dollar bill, and folded it carefully and tucked it in his vest pocket. Just at that moment he looked up at the boss standing in the doorway staring at him. Doing a bit of fast thinking he said, "Hi boss, did you see that fellow just now? Came in here, bought a double martini, gave me a five dollar tip, and rushed out without paying."

Grasshopper

A man walks into a bar and asks the bartender to recommend a good drink. The bartender says that their grasshoppers are very good, so the man orders one. Then he has another couple. On the way home he notices a grasshopper on the ground. He says to the grasshopper, "Do you know that there is a drink named after you?" The grasshopper looks up at the man and says, "Do you mean they have a drink called Irving?"

Maury

Old Maury a sale representative on the road was looking as if he had lost his last friend, entered a restaurant one morning and sat down at a table. He said to the waitress, "Bring me two eggs fried hard, a slice of toast burned to a cinder, and a cup of very weak coffee." As she set the order in front of him, she asked, "Anything else, sir?" "Yes," he answered, "now sit down and nag me. I'm homesick."

Out of Town

Newly retired Old Harry, an out-of-towner in New York at the height of the tourist season, decided to revisit an uptown restaurant he'd enjoyed on a previous trip to the city. Finally catching the eye of an overworked waiter, Harry said, "You know, it's been over five years since I first came in here." "You'll have to wait your turn, sir," replied the harried and now irritated waiter, "I can only serve one table at a time."

"Waiter!" shouted the furious diner, "How dare you serve me this! There's a twig in my soup!" "My apologies," said the waiter. "I'll inform the branch manager."

🌀 **A Cessna Flight** 🌀

A tough old photographer for a national magazine was assigned to take pictures of a great forest fire. The old guy was advised that a small plane would be waiting at a local airfield to fly him over the fire. The old photographer arrived at the airstrip just an hour before sundown. Sure enough, a small Cessna airplane was waiting. He jumped in with his equipment & shouted, "Let's go!" The tense man sitting in the pilot's seat

swung the plane into the wind & soon they were in the air, though flying erratically. "Fly over the north side of the fire," said the photographer, "and make several low-level passes until I tell you to stop." "Why?" asked the nervous pilot. "Because I'm going to take pictures!" yelled the photographer. "I'm a photographer, & photographerstakepictures." After a long pause, the "pilot" replied, "You mean you're not my flight instructor?"

🌀 **One Night** 🌀

One night a lady stumbled into the police station with a black eye. She claimed she heard a noise in her backyard & went to investigate. The next thing she knew, she was hit in the eye & knocked out cold. An officer was sent

to her house to investigate, & he returned a half-hour later with a black eye as well. What happened? Did you get hit by the same person?" asked his captain. "No sir," he replied. "But I did step on the same rake."

🌀 **Sergeant** 🌀

A soldier was asked to report to headquarters for assignment. The sergeant said, "We have a critical shortage of typists. I'll give you a little test. Type this," he ordered, giving him; a pamphlet to copy & a sheet of paper, & pointing to a desk across the room that help a typewriter & an adding machine. The soldier, quite reluctant to become a clerk-typist, made a point of typing very slowly, & he made sure

that his work contained as many errors as possible. After the soldier finished, he handed the typed paper to the sergeant who barely glanced at it. "That's fine. Report for work tomorrow at 8:00." "But aren't you going to check the test?" asked the soldier. The sergeant grinned, "You passed the test before you started typing — when you sat down at the typewriter instead of at the adding machine."

Billy Graham once said, "If you aim at nothing, you will hit it."

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~ The Politician ~

A politician asked his friend, a professor of philosophy, for some advice on presenting interesting speeches. The professor suggested, "You should start with a question like, 'Why are we all here?'" The politician tried out the idea before various audiences, & it went

well. Well, that is, until he somehow got persuaded to speak to the inmates of a mental health clinic. He began his usual way, "Why are we all here?" Quick as a flash came back a reply from a voice in the audience, "Because we aren't all there."

~ Really! ~

At the conclusion of the trial, the jury found the defendant not guilty. The defendant was so happy that he hugged his lawyer. His lawyer congratulated him & handed him a bill. The happy

defendant looked at the bill & gulped, "This says I have to pay ten thousand dollars now & \$500 a month for 5 years! It sounds like I'm buying a Mercedes-Benz!" The lawyer smiled, "You are."

~ Acquit ~

Since he was an old Texan being tried in New York, the old man felt he didn't have a prayer in beating the murder rap. Thus, shortly before the jury was to retire, he bribed one of the jurors to find him guilty of manslaughter, not murder. The jury was

out for days, after which they returned a verdict of manslaughter. Cornering the bribed juror, the old Texan whispered, "Thanks a million. How did you manage it?" "It wasn't easy," admitted the bribed juror. "All the others wanted to acquit you."

~ Game ~

At the police station, old Bubba explained to the police officer why his cousin shot him. "Well," Bubba began, "we was havin' a good time drinking when my cousin Ray picked

up his shotgun & said, 'Hey, do ya fellows wanna go hunting?'" "And then what happened?" the officer interrupted. "From what I remember," Bubba said, "I stood up & said, 'I'm game.'"

~ What? ~

A police officer pulled over a pickup truck from out of state on Highway 51, & said to the driver, "Got any ID?" The driver said, "Bout what?"

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🌀 Fishing License 🌀

A couple of young boys were fishing at their favorite spot when the old game warden jumped out of the bushes. One boy threw down his rod & took off through the woods with the warden hot on his heels. After running half a mile, the boy stopped to catch his breath, & the old game warden snagged him. "Let me see a license, boy!"

snapped the warden as he impatiently waited for the boy to dig through his wallet. The boy pulled out his wallet & showed the old warden his fishing license. "Well, son," said the old warden, "you must be dumber than a box of rocks! You don't have to run from me — you have a valid license!" "Well, I do," said the boy, "but the guy back there doesn't."

🌀 The Dictator 🌀

An old dictator was in his office alone when his bodyguards heard a loud explosion inside his office. Rushing in, they saw him on the floor, face bloodied, and they asked, "What happened,

Mr. Chairman?" "A letter bomb," whispered the old dictator. "But a letter bomb would have wounded your hands, not your mouth," replied one of his experienced men. "But I was sealing it," explained the old dictator.

🌀 The Note 🌀

This old retired guy came out of a shopping mall to find that the side of his parked car was rammed in. The old man began to get upset but was relieved to see a note under the windshield wiper.

He took the note & began to read: "As I'm writing this, about a dozen people are watching me. They think I'm giving you my name, phone number & insurance company, but I'm not."

🌀 Finally! 🌀

A woman was charged with a traffic violation, & when she asked for her occupation, she said she was a schoolteacher. The judge rose from the bench. "Madam, I have waited

years for a schoolteacher to appear before this court." He smiled with delight. "Now sit down at that table & write, 'I will not pass through a red light' 500 times."

There was a man & his wife who had a brand new baby. They brought it home from the hospital, & he decided to weigh it on the same scales that he weighed his fish on. The baby weighed 33 lbs.

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~ You What? ~

A policeman at a train station noticed a lady bowed over the steering wheel of her car in discomfort. He walked over & asked if she was all right. Half-crying and half-laughing, the woman said, “For 10 years I’ve driven my husband to catch his train. This morning I forgot him!”

~ The Blonde In Washington ~

A beautiful blonde was visiting Washington, DC. This was her first time to the city, so she wanted to see the Capitol building. Unfortunately, she couldn't find it, so she asked a police officer for directions. “Excuse me, officer,” the girl said, “how do I get to the Capitol building?” The officer said, “Wait here at this bus stop for the number 54 bus. It’ll take you right there.” She thanked the officer, & he drove off. Three hours later the police officer came back to the same area &, sure enough, the girl was still waiting at the same bus stop. The officer got out of his car & said, “Excuse me, but to get to the Capitol building I said to wait here for the number 54 bus. That was three hours ago. Why are you still waiting?” The girl said, “Don’t worry, officer. It won’t be long now. The 45th bus just went by!”

~ Comrade B ~

At a meeting in an iron curtain country, one of the party members, Comrade B, got up & said, “Comrade Leader, I have only 3 questions to ask: If we are the greatest industrial nation, what happened to our cars? If we have the best agriculture, what happened to our bread? If we are the finest cattle raisers, what happened to our meat?” The presiding chairman stared at Comrade B & replied, “It is too late to reply tonight. At our next meeting I will answer your questions fully.” When the meeting opened the following week, another party member rose & said, “I have just one question: What happened to Comrade B?”

~ The Judge ~

The judge said to the defendant, “I thought I told you I never wanted to see you in here again.” “Your Honor, the criminal said, “that’s what I tried to tell the police, but they wouldn’t listen.”

President: “Is our advertising getting results?”

Vice President: “It sure is! Last week we advertised for a night watchman, & the next night we got robbed!”



A Man to Remember

by Eleanor Scheier

He was born in South Africa, one of eight children, & at age 8 moved to England. His Dad, an Englishman, had three trades. Wherever they moved, he'd publish a daily newspaper, and was so versatile, he could fill in the jobs of 12 people! During the 5 years they lived in England, Grant went to 23 schools! They lived in some

13. (No more caning....) In 1986 they moved to the U.S. where he met the love of his life, & Julie also knew how to pick the right mate, for they've had 21 happy years of marriage. She taught Math at Valencia Community College, & was also a musical agent for rock bands. They became the proud parents of four children.



Julie & Grant Duncan

places only one week. The schools all used caning as discipline. This was a flexible cane about 4' long, actually a stalk of sugarcane, that the teacher would use to inflict hard swats on the boys. Boys will be boys, so Grant did his share of wrestling & tearing up the flower beds. Punishment was meted out as 2 or 4 or 6 "of the best". That meant 2 or 4 or 6 of the hardest swats the teacher could muster, according to the misdeed committed. He said the lesson he learned from all the caning was "don't get caught!" They moved back to South Africa when he was

While they were living in Orlando, all 6 of them would go to the YMCA as a family, & on this fateful day, they came home in their wet swimsuits, only to find their home had burnt down while they were gone. The fire department determined it had been caused by either a wall plug or the electric clock in a bedroom. What would you do under this circumstance? They drove to WalMart & bought T-shirts to wear over the swimsuits. They stayed a few days in Mother's house, then to a motel, until they found another house to buy. Then about a year and a half ago, tragedy struck. Julie was riding a 22 year old horse that used to be a barrel racer, up a steep driveway. This horse was used to quick turns, & to take off & stop

Continued next page

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A Man to Remember continued —

quickly. A farrier had recently trimmed the hooves at an angle for steep climbs, but this time, one hoof caught on an uneven spot apparently, causing a quick stop, with Julie barreling off & landing on her head, leaving her paralyzed.

She is receiving the best care possible, with a loving husband running his “3 Anchor Bay Pools” business from home. He makes sure she has a healthy diet, as he himself prepares fresh fruit & vegetable juice drinks for her daily. She is fed through a tube, & is unable to speak. Due to the serious brain damage, the doctor inserted a shunt for drainage. She has undergone multiple surgeries, & needs constant care, just like a darling baby you dearly love. She responds with a sweet smile, & Grant receives a lot of good help from his youngest child, Caylin, age 14, who’s quite experienced by now in dressing her Mom, etc. She is so kind & gentle & loving, obviously a reflection of her parents. The good news is that Julie’s future will include educating the remaining part of her brain to learn as a little baby learns: first to crawl, to make sounds, then words, to sit up, to feed herself, and so on. The marvelous way we’re made, we never utilize all of our brain’s capacity, & many accident victims have thus been able to be reeducated to where they’re once more able to live independent lives. In the meantime, Grant has a nurse come in to be with his precious Julie for the occasions he has to be out of the house. Yes, Grant Duncan is a man to remember.....

Southern Gems

People in the South have been known for sayings or metaphors that communicate a truth. Sometimes they can be very funny. For example, my dad used to say that someone was “smiling like a mule eating briars.” Other sayings:

- The man who is rowing the boat doesn’t have time to rock it.
- Prejudice is being down on what you’re not up on.
- For a speech to be any good, it had to be an improvement on silence.
- A minute of silence can prevent an hour of explanation.
- He always aimed to tell the truth, but he was a very poor marksman.
- A foolish man is always waiting for his ship to come in, even though he never sends one out.

Luigi

Luigi (father): I want you to marry a girl of my choice.

Son: I will choose my own bride!!!

Luigi: But the girl is Bill Gates' daughter.

Son: Well, in that case . . . okay.

Next Luigi approaches Bill Gates:

Luigi: I have a husband for your daughter.

Bill Gates: But my daughter wants to make her own choice as to who she marries!!

Luigi: But this young man is a vice-president of the World Bank.

Bill Gates: Ah, in that case . . . okay.

Finally Luigi goes to see the President of the World Bank:

Luigi: I have a young man to be recommended as a vice-president.

President: But I already have more vice-presidents than I need!

Luigi : But this young man is Bill Gates' son-in-law.

President: Ah, in that case . . . okay.

And that, my friends, is how we Italians do business. This was before Luigi's wife found out and Luigi will be out of the hospital about two weeks.



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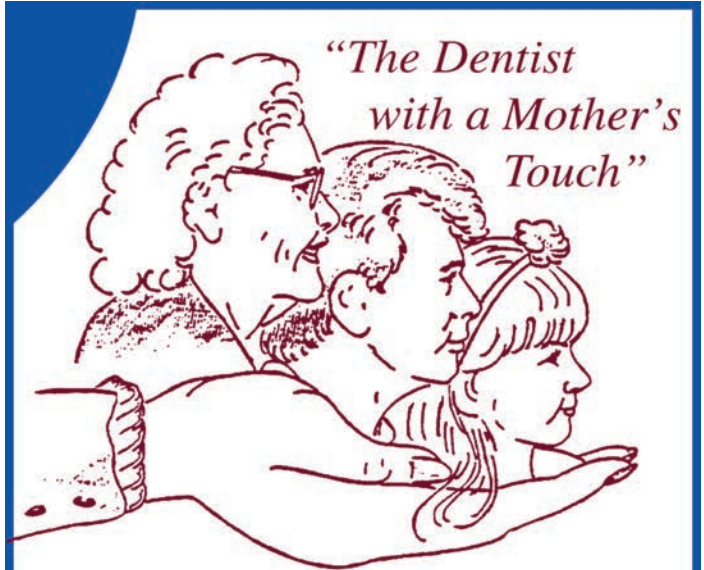
Saliva ~ An Important Body Liquid

by Susan Glenn Caddell, DDS

You know that saying about “you don’t know what you’ve got ‘til it’s gone”. Well, it holds true for that liquid in your mouth. Adequate salivary flow is needed to maintain many body functions at optimum level. So what are some of the roles of saliva? Saliva is a lubricant that coats the lining of the oral cavity and esophagus to prevent friction against the wall lining and provide easy movement of food. It also binds food together into a bolus to make it easy to swallow.

Moistening the food activates the taste of the food. There are also enzymes in the saliva that help begin the digestion process. Another function of saliva is to protect the teeth. The saliva neutralizes acid from food and from bacteria in the mouth. This buffering effect goes a long way toward preventing

decay. There are three paired major salivary glands: the parotid, the submandibular, and the sublingual glands. Together these three account for 90% of salivary production. The remaining 10% comes from minor salivary glands in the oral mucosa. In recent years, studies are being done to monitor specific proteins in saliva the can be monitored in different states of health and disease. Thus saliva can be tested and used as a diagnostic tool. Patients that have had head and neck radiation to treat cancer can lose their saliva production capacity. Decreased to no flow of saliva can lead to decay, trouble talking and trouble eating. These patients can be easily spotted by the constant bottle of water they carry. Be thankful for that mouth full of spit. It has a purpose.



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Do You Remember? The 1950's

Thousands of young servicemen come back home after WWII to pick up their lives and start new families in new homes with new jobs. American industry expanded to meet peacetime needs. Americans began buying goods not available during the war; this created corporate expansion and jobs. Growth everywhere and the Baby Boom was under way! What was it like living in the 50's? Let's take a peek with our own time machine. First let's see what historical and cultural events took place. The Korean War broke out and we all came to know the 38th parallel. It lasted until July 27, 1953 when the United States, North Korea and China signed an armistice. In 1953 Dwight D. Eisenhower becomes President. In 1954 racial segregation is ruled unconstitutional in public schools by the Supreme Court. In 1955 Dr. Jonas Salk developed a vaccine for polio. In 1959 the first U.S. satellite successfully orbits the earth and the first domestic, jet-airline passenger service is begun by National Airlines between New York City and Miami, Florida. Part of the



1950's boom in consumerism included housing. People could afford single family dwellings and suburbia was born. As an example, small suburban communities were built like the one called Levittown built by William Levitt for returning servicemen and their families. An influence of Frank Lloyd Wright is seen in the popular Ranch style house. Americans read books from authors like Norman Vincent Peale's *The Power of Positive Thinking* or Bishop

Fulton J. Sheen's *Life is Worth Living*. Other books Americans were reading included *The Cardinal*, by Henry Morton Robinson, *Betty Crocker's Picture Cook Book*, *From Here to Eternity*, by James Jones, *The Caine Mutiny*, by Herman Wouk, and *A Man Called Peter*, by Catherine Marshall.

Fifties clothing was conservative. Men wore gray flannel suits and women wore dresses with pinched in waists and high heels. French fashion designers such as Dior, Chanel and Givenchy were popular and copied in America. Families worked together, played together and vacationed together at family-themed entertainment areas like national parks and the new Disneyland. Gender roles were strongly held; girls played with Barbie dolls and Dale Evans gear, boys with



Roy Rogers and Davy Crockett paraphernalia. Drive-in movies became popular for families and teens. Cars were seen as an indicator of prosperity and coolness. Highways were built to take people quickly from one place to another, bypassing small towns and helping to create central marketing areas or shopping malls. Fashion successes were Bill Blass and his blue jeans, poodle skirts made of felt and decorated with sequins and poodle appliques, ponytails for girls, and flat tops and crew cuts for guys.

When the 1950's are mentioned, the first type of music to come to most people's minds is rock 'n roll. Developed from a blend of Southern blues and gospel music with an added strong back beat, this type of music was popular with teenagers who were trying to break out of the mainstream, conservative, American middle class mold. Popular artists such as Bill Haley, Elvis Presley, and Jerry Lee Lewis were promoted on radio by just as popular disc-jockeys (DJs) like Alan Freed and the Big Bopper. Music in the Fifties was more than just rock 'n roll. Crooners like Nat King Cole, Frank Sinatra, Perry Como and Dinah Shore

Continued on page 22



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~ **New Airline Rules** ~
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Attendant: Welcome aboard Ala Carte Air, sir. May I see your ticket?

Passenger: Sure.

Attendant: You're in seat 12B. That will be \$5, please!

Passenger: What for?

Attendant: For telling you where to sit.

Passenger: But I already knew where to sit.

Attendant: Nevertheless, we are now charging a seat locator fee of \$5. It's the airline's new policy.

Passenger: That's the craziest thing I ever heard. I won't pay it.

Attendant: Sir, do you want a seat on this flight, or not?

Passenger: Yes, yes. All right, I'll pay. But the airline is going to hear about this.

Attendant: Thank you. My goodness, your carry-on bag looks heavy. Would you like me to stow it in the overhead compartment for you?

Passenger: That would be swell, thanks.

Attendant: No problem. Up we go, and done! That will be \$10, please.

Passenger: What?

Attendant: The airline now charges a \$10 carry-on assistance fee.

Passenger: This is extortion. I won't stand for it.

Attendant: Actually, you're right, you can't stand. You need to sit, And fasten your seat belt. We're about to push back from the gate. But, first I need that \$10.

Passenger: No way!

Attendant: Sir, if you don't comply, I will be forced to call the air marshal. And you really don't want me to do that.

Passenger: Why not? Is he going to shoot me?

Attendant: No, but there's a \$50 air-marshal hailing fee.

Passenger: Oh, all right, here, take the \$10. I can't believe this.

Attendant: Thank you for your cooperation, sir. Is there anything else I can do for you?

Passenger: Yes. It's stuffy in here, and my overhead fan doesn't seem to work. Can you fix it?

Attendant: Your overhead fan is not broken, sir. Just insert two quarters into the overhead coin slot for the first five minutes.

Passenger: The airline is charging me for cabin air?

Attendant: Of course not, sir. Stagnant cabin air is provided free of charge. It's the circulating air that costs 50 cents.

Passenger: I don't have any quarters. Can you make change for a dollar?

Attendant: Certainly, sir! Here you go!

Passenger: But you've given me only three quarters for my dollar.

Attendant: Yes, there's a change making fee of 25 cents.

Passenger: For cryin' out loud. All I have left is a lousy quarter? What the heck can I do with this?

Attendant: Hang onto it. You'll need it later for the lavatory.

~ **The Lady's Cat** ~

A chauffeur worked for a woman who took her cat with her on rides. During one trip, the driver dropped her at a mall before going up. The cat remained in the car, laying down on the

top of the limousine's back seat. The service station's attendant often glanced at the unusual passenger. Finally, he asked: "Sir, is that cat someone important?"

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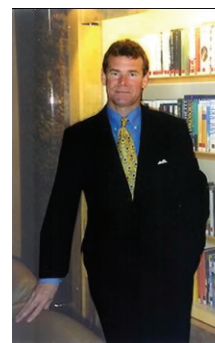
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Meet the Goodales


by Eleanor Scheier

What do Paul & Sue have in common? Well, they're both good cooks, they both love food (& each other), they cook from scratch, their specialty is Cottage Pie (made with ground beef), & they're Brits. And yes, they're happily married, & are the proud owners of the Windsor Rose Old English Tea Room in downtown Mount Dora. They both agree that Paul is the best cook of the two, but nonetheless, they have Brenton as their head chef. Sue's mom was also a wonderful cook & her recipes are used in Brenton's kitchen. Paul's Mom was quite a baker, with her specialty being apple pie.

This interesting couple's background reveals Sue to have been the culprit of the family of 4 kids growing up, always in trouble. Her major sin was bringing home stray cats & dogs. Her dad was the village constable, 6' 3" tall & handsome. They lived in a large Victorian house that belonged to the police, & each village had just one cop. And each of their homes had a nice outhouse in the back yard. Dad was a bit ahead of his time, & had a bathroom built onto the house. This was such a novelty that all the villagers lined up outside the kitchen door, taking turns to come in to admire the inside plumbing.

Sue grew up in England, for a while working at selling new houses, then became a nurse. This profession came to an unhappy ending one day when the driver of a car ran over Sue & broke her back. Seeing her today, you'd never guess that she works with a handicap, as she's not a complainer. But she's still an animal lover. When she & Paul took over the Tea Room in September, 2005, five little kittens came with the property. Sue had them all neutered, & they provided a dog kennel outside for the feral cats. Cami's an 18 year old female who uses this shelter along with Meanie, obviously named for her temperament. The Goodales have 3 cats of their own in their home.

As for Paul, he was an only child, spoiled by Mom, he said. And he's a very courteous gentleman, like his dad, Mom said. He studied Graphic Arts, & freelanced in advertising for 20 years. He's the one who designs the Windsor Rose menus.

When he married Sue, he took her to the romantic Isle of Wight (south of England), for their honeymoon. He describes it as a gorgeous place where time stands still. They stayed in a picturesque old farmhouse, bed & breakfast. This was on top of a cliff, 300 steps down to the beach. They were delighted to see a sight very few humans ever witness — a family of badgers coming out of their burrow at dusk, with their tiny pups in tow. The honeymooners were excited to see them, & made sure to keep out of sight. This lovely beach was perfect for exploring, & they came upon a perimeter fence around an old, abandoned holiday camp. It was closed & overgrown with hedges, vines, trees & blackberry bushes. Paul pushed open the gate, & they could see that this had once been a great place. Now trees were growing through the floors of chalets. They made many return trips for the blackberries, & the place made them feel as if they were in that "secret garden" that was the title of a famous book for children. Paul & Sue have many wonderful memories to reminisce over, along with beautiful color photos. True, it was a while ago, but the romance lingers on 



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Melvin McKee wrote to say, "I love this joke, please run it again!" Just for you, Melvin, and you're not alone — we've had many requests to run "The Bricklayer" again!



This is a bricklayer's accident report, which was printed in the newsletter of the Australian equivalent of the Workers' Compensation Board. This is a true story. Had this guy died, he'd have received a Darwin Award for sure...

Dear Sir:

I am writing in response to your request for additional information in Block 3 of the accident report form. I put "poor planning" as the cause of my accident. You asked for a fuller explanation and I trust the following details will be sufficient. I am a bricklayer by trade. On the day of the accident, I was working alone on the roof of a new six story building. When I completed my work, I found that I had some bricks left over which, when weighed later were found to be slightly in excess of 500 lbs. Rather than carry the bricks down by hand, I decided to lower them in a barrel by using a pulley, which was attached to the side of the building on the sixth floor. Securing the rope at ground level, I went up to the roof, swung the barrel out and loaded the bricks into it. Then I went down and untied the rope, holding it tightly to ensure a slow descent of the bricks. You will note in Block 11 of the accident report form that I weigh 175 lbs. Due to my surprise at being jerked off the ground so suddenly, I lost my presence of mind and forgot to let go of the rope. Needless to say, I proceeded at a rapid rate up the side of the building. In the vicinity of the third floor, I met the barrel which was now proceeding downward at an equal, impressive speed. This explained the fractured skull, minor abrasions and the broken collar bone, as listed in Section 3 of the accident report form. Slowed only slightly, I continued my rapid ascent, not stopping until the fingers of my right hand were two knuckles deep into the pulley. Fortunately by this time I had regained my presence of mind and was able to hold tightly to the rope, in spite of beginning to experience a great deal of pain. At approximately the same time, however, the barrel of bricks hit the ground and the bottom fell out of the barrel. Now devoid of the weight of the bricks, that barrel weighed approximately 50 lbs. I refer you again to my weight. As you can imagine, I began a rapid descent, down the side of the building. In the vicinity of the third floor, I met the barrel coming up. This accounts for the two fractured ankles, broken tooth and several lacerations of my legs and lower body. Here my luck began to change slightly. The encounter with the barrel seemed to slow me enough to lessen my injuries when I fell into the pile of bricks and fortunately only three vertebrae were cracked. I am sorry to report, however, as I lay there on the pile of bricks in pain unable to move, I again lost my composure and presence of mind and let go of the rope and I lay there watching the empty barrel begin its journey back down onto me. This explains the two broken legs. I hope this answers your inquiry.

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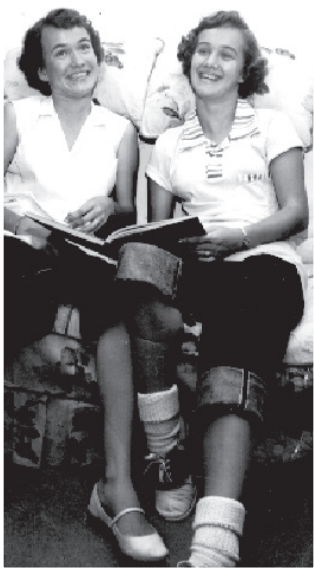
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The Fifties continued from page 15 —

were all popular. Perhaps the most far reaching change in communications worldwide was the advancement in the area of television broadcasting. During the 1950's, television became the dominant mass media as people brought television into their homes. In the early fifties, the number of hours young people watched TV steadily increased, a trend which has not changed greatly since that time. What was portrayed on television became accepted as normal. In 1954, black and white broadcasts became color broadcasts. Shows called "sitcoms" like *The Honeymooners*, *Lassie*, *Father Knows Best*, *The Adventures of Ozzie and Harriet*, and *I Love Lucy* featured popular characters whose lives thousands of viewers watched and copied. Families enjoyed variety shows like *The Wonderful World of Disney* and *The Ed Sullivan Show* on Sunday evenings. Daytime programs like *Guiding Light*, "soap operas" were popular and helped advertisers sell many products to the homemakers of America. Musicals were very well received. Richard Rodgers, Oscar Hammerstein II, and Joshua Logan won acclaim with *South Pacific* in 1950.

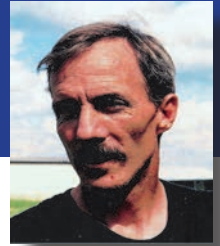
People in the Fifties loved sports. More leisure time and greater general prosperity led to greater participation in athletic activities for the average person and added large numbers of fans to all types of sports. Unlike many areas of society in this decade, athletes were a diverse group. Popularity was not based on social status, but on the ability of the individual. All American sports such as baseball and football gave opportunities for the rise of stars like Jackie Robinson, Roy Campanella, Henry (Hank) Aaron, Juan Marichal, Jim Brown, and Frank Gifford. College football was widely followed. Professional golf became very popular with stars like Ben Hogan and Arnold Palmer helping to create the idea that to succeed in business, men needed to play golf. Women like Babe Zaharias-Didrikson created the Ladies Professional Golf Association in 1950, so women were joining men on golf courses all over America. People watched the Olympics 1952 and 1956. Major names in basketball were Wilt Chamberlain, Elgin Baylor, Bob Cousy, Oscar Robertson and Dolph Schayes. Another favorite, boxing, gave opportunities to great athletes, like Sugar Ray Robinson and Rocky Marciano.

Facts about this decade — Population: 151,684,000 (U.S. Dept. of Commerce, Bureau of the Census); Unemployed: 3,288,000; Life expectancy: Women 71.1 years, men 65.6 years; Car Sales: 6,665,800; Average Salary: \$2,992; Labor Force male/female: 5/2; Cost of a loaf of bread: \$0.14.

That was the fifties. 

“Smitty”

by Eleanor Scheier



Some kids can't focus their attention on any one thing for very long. Then there are those who show an affinity for certain things from childhood on. That's Jim Smith, also known as "Smitty". When he was about 7 or 8, growing up in Brooklyn, NY, he was very good at disassembling his parents' television set. As he grew older, he was also good at playing hooky from school. Why did he do that? Was he a poor student? Far from it! He was just too anxious to follow his dream. He wanted to learn faster than his 14 years allowed, so he hung out at the local gas station, just so he could watch the mechanics at work. Just as the TV innards tempted him when he was a little guy, now he could watch the auto's inner parts be removed & replaced. When he got to high school, he excelled in the auto repairs class, & when he graduated, he became a fleet mechanic for a taxicab company. Incidentally, in 1965 there were 5,000 pages to study in the manuals on auto repairs. The age of electronics has greatly changed things, & today, there are over a million pages to study in the manuals on auto repairs. This makes it imperative to use a computer instead of a library of text books. Today, Smitty's an ASE certified Master Technician. His office walls abound with framed certificates of some of the many classes he has taken, & continues to take, over the years.

In 1997 he moved to Florida & opened his first auto repairs garage in Ft. Lauderdale. There he wrote a series of in-depth articles on car repairs for a Ft. Lauderdale newspaper, & answered questions from readers. He focused on new developments in the auto industry. Jim continues working on his education, & collecting even more certificates, by attending classes & seminars, conferences & courses, in other cities. He considers this to be his #1 form of recreation. He's in the process of writing a book on basic car care for owners of vehicles, so that they develop & maintain an awareness on how to care for their automobiles. (His fiancée says he has "oil in his veins".)

His #2 form of recreation are auto races. He's a big NASCAR racing fan, but supports small circle car racing

at local tracks, such as the one at New Smyrna Beach. They create a much higher excitement at much lower ticket prices, he said. Jim is a member of the Clean & Sober Motorcycle Club, & owns a Pacific Coast bike himself. This club devotes a lot of time to charitable foundations, such as the Epilepsy Foundation, & a motorcycle organization for promoting safety on cycles.

When he finally gets to go home to relax, you'll find him — no, not with his hands in oil, but with his hands in soil. This is his #3 form of recreation, having become a new backyard gardener. So instead of tinkering with engines & the smell of grease, he's involved in beautifying his property & filling it with the fragrance of roses, gardenias, orchids, etc. He sums up his lifestyle in an old license plate he has displayed in a prominent spot: GRATY2D (gratitude). ✂

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Safe Holistic Dog Foods



Hi again from your good old buddy, Sam. I was thinking about this month's *Senior Digest* and I thought that this would be a good time to outline the Dog's Dictionary. It will help you understand your dog.

A Dog's Dictionary & Guide

Leash: A strap that attaches to your collar, enabling you to lead your owner where you want him or her to go. Make sure that you are waiting patiently with leash in mouth when your owner comes home from work. This immediately makes your owner feel guilty and the walk is lengthened by a good 10 minutes.

Drool: What you do when your owners have food and you don't. To do this properly, sit as close as you can, look sad and let the drool fall to the floor or better yet on their laps.

Sniff: A social custom to use when you greet other dogs or those people that sometimes smell like dogs.

Garbage Can: A container your neighbors put out weekly to test your ingenuity. Stand on your hind legs and push the lid off with your nose. If you do it right, you are rewarded with food wrappers to shred, beef bones to consume, moldy crusts of bread and sometimes even an old Nike.

Bicycles: Two-wheeled exercise machines, invented for dogs to control body fat. To get maximum aerobic benefit, you must hide behind a bush and dash out, bark loudly and run alongside for a few yards. The rider swerves and falls into the bushes, and you prance away.

Thunder: A signal the world is coming to an end. Humans remain amazingly calm during thunderstorms, so it is necessary to warn them of the danger by trembling, panting, rolling your eyes wildly and following at their heels.

Wastebasket: A dog toy filled with paper, envelopes and old candy wrappers. When you get bored, turn over the basket and strew the papers all over the house. This is particularly fun to do when there are guests for dinner and you prance around with the contents of that very special bathroom wastepaper basket!

Sofas: Are to dogs like napkins are to people. After eating it is polite to run up and down the front of the sofa and wipe your whiskers clean. If there are people sitting on the couch just include them as a handy wipe.

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Bath: A process owners use to clean you, drench the floor, walls and themselves. You can help by shaking vigorously and frequently.

Lean: Every good dog's response to the command "sit," especially if your owner is dressed for an evening out. Incredibly effective before black-tie events.

Love: A feeling of intense affection, given freely and without restriction, shared by you and your owner. Show it by wagging your tail. *✍*

Who?

A old retired gentleman took his place in the theater, but his seat was too far from the stage. He gestured to the usher, & told him, "This is a mystery, and I have to watch a mystery up close. Get me a better seat, & I'll give you a handsome tip." So the usher moved him to the 2nd row & the man handed him a quarter. The usher looked at the quarter & then leaned over to the old man and whispered, "The wife did it."

The happiest people in the world are those who live for something besides themselves.



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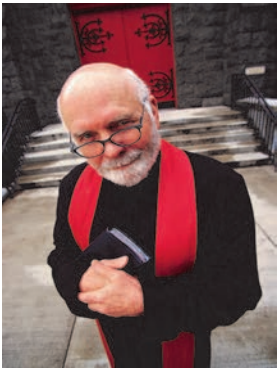
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Memo from the Old Buzz Saw

Well this is really the good old hot summer time so I decided to give you a few chuckles from some funny little one liners and short jokes I came across. I hope you will think they are cool and will help you feel a little better in the summer heat.

- One worker to another: "How long have you been working here?" Answer: "Since they threatened to fire me."
- "I took a part-time job as an opinion poll sampler. On my first call, I said, "Hello, this is a telephone poll." And the man replied, "Yeeeah, & this is a street lamp"
- An older retired guy was looking for a way to make more money for a cruise he and the wife wanted to take and so one night after his golf game he came home to his wife & said, "Guess what honey! I've found a great job. A 10 AM start, 2 PM finish, no overtime, no weekends, & it pays \$800 a week!" "That's great," his wife said "Yeah, I thought so, too," he agreed. "You start Monday."
- "A old timer had his first appointment with the psychiatrist, & when asked why he was there, the old guy man says, "Well doctor, I'm tired

of being on the outside looking in." "Well," responded the doctor, "sounds like we have to try to improve your self-image. Let's get a few basic facts first. What do you do for a living?" The patient replied, "I'm a window washer."

- Isn't it odd that the person with the strongest beliefs in hard work & dedication by employees is usually the boss?
- Money is not everything—there's American Express, MasterCard, & Visa.
- "Well, Sir," said the interviewer to the job applicant, "for a retired guy with man with no retail experience, you are certainly asking for a high wage." "Well," responded the old applicant, "the work will be a lot harder for me since I won't know what I'm doing."

Now that I am retired I can tell this story, I guess. Years ago I once went for a job at an airline. The interviewer asked me why I wanted to be a stewardess. Quite honestly I told her it would be a great chance to meet men. She looked at me & said, "But you can meet men anywhere." I quickly answered, "Not strapped down."

See you next month,
The Old Buzz Saw

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Grandpa Shows Grandma How to Give a Cat a Pill

- Pick cat up & cradle it in the crook of your left arm as if holding a baby. Position right forefinger & thumb on either side of cat's mouth & gently apply pressure to cheeks while holding pill in right hand. As cat opens mouth, pop pill into mouth. Allow cat to close mouth & swallow.
- Retrieve pill from floor & cat from behind sofa. Cradle cat in left arm & repeat process.
- Retrieve cat from bedroom, & throw soggy pill away.
- Take new pill from foil wrap, cradle cat in left arm holding rear paws tightly with left hand. Force jaws open & push pill to back of mouth with right forefinger. Hold mouth shut for a count of 10.
- Retrieve pill from goldfish bowl & cat from top of wardrobe. Call spouse from garden.
- Kneel on floor with cat wedged firmly between knees, hold front & rear paws. Ignore low growls emitted by cat. Get spouse to hold head firmly with one hand while forcing wooden ruler into mouth. Drop pill down ruler & rub cat's throat vigorously.
- Retrieve cat from curtain rail, get another pill from foil wrap. Make note to buy new ruler & repair curtains. Carefully sweep shattered figurines & vases from hearth & set to one side for gluing later.
- Wrap cat in large towel & get spouse to lie on cat with head just visible from below armpit. Put pill in end of drinking straw, force mouth open with pencil & blow down drinking straw.
- Check label to make sure pill not harmful to humans, drink beer to take taste away. Apply Band-Aid to spouse's forearm & remove blood from carpet with cold water & soap.
- Retrieve cat from neighbor's shed. Get another pill. Open another beer. Place cat in cupboard & close door onto neck to leave head showing. Force mouth open with dessert spoon. Flick pill down throat with elastic band.
- Fetch screwdriver from garage & put cupboard door back on hinges. Drink beer. Fetch bottle of Scotch. Pour shot, drink. Apply cold compress to cheek & check records for date of last tetanus shot. Apply whiskey compress to cheek to disinfect. Toss back another shot. Throw tee-shirt away & fetch new one from bedroom.
- Call fire department to retrieve cat from tree across the road. Apologize to neighbor who crashed into fence while swerving to avoid cat. Take last pill from foil.
- Tie the little sucker's front paws to rear paws with garden twine & bind tightly to leg of dining room table; find heavy duty pruning gloves from shed. Push pill into mouth followed by large piece of filet steak. Be rough about it.

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Hold vertically & pour 2 pints of water down throat to wash pill down.

- 14. Consume remainder of Scotch. Get spouse to drive you to the Emergency Room, sit quietly while doctor stitches fingers & forearm & removes pill fragments from right eye. Call furniture store on way home to order new table.
- 15. Arrange for SPCA to collect mutant cat from Hades & call local pet shop to see if they have any hamsters.

∞ Hey, How Many?? ∞

A new Army recruit was given guard duty at 2 AM. He did his best for a while, but about 4 AM he couldn't fight it & went to sleep. He awakened to find the officer of the day standing before him. Remembering the heavy penalty for being asleep on guard duty, this smart young man kept his head bowed for another moment. Then he looked upward & reverently said, "A-a-men!" A large group of enemy soldiers was moving down a road when they heard a voice call from behind a huge boulder, "One U.S. Marine is better than 10 enemy soldiers." The enemy soldiers' commander quickly ordered 10 of his best men around the boulder, whereupon a gun battle broke out & continued for several minutes. Then complete silence reigned. The voice again called out, "One U.S.

Marine is better than 100 enemy soldiers." Furious, the commander of the enemy soldiers sent his next best hundred troops around the boulder, & instantly a huge gunfight began. After 10 minutes of battle, again silence. The voice called out again, "One U.S. Marine is better than 1,000 enemy soldiers." The enraged enemy commander mustered 1,000 fighters & sent them to the other side of the boulder. Rifle fire, machine gun, grenades & cannon fire rang out as a terrible battle was fought... then silence. Eventually one wounded enemy fighter crawled out from behind the boulder. He struggled over to his commander &, with his dying words, told his commander, "Don't send any more men... it's a trap. There's two of them."

∞ Run! ∞

At one Army base, the annual trip to the rifle range had been canceled for the 2nd year in a row, but the semiannual physical fitness test was still on as scheduled.

One soldier mused, "Does it bother anyone else that the Army doesn't seem to care how well we can shoot, but they are extremely interested in how fast we can run?"



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By Bill Morris

After every flight, Capitol pilots are required to fill out an aircraft maintenance form which informs the mechanics about problems with the aircraft. The mechanics correct the problems, document the repairs on the form which become part of the permanent record for the aircraft. Pilots can then review the forms before the next flight. Never let it be said that mechanics lack a sense of humor. Here are some actual maintenance complaints submitted by pilots marked with (P), and the solutions recorded by mechanics marked (S).

- P: Left inside main tire almost needs replacement.
- S: Almost replaced left inside main tire.
- P: Test flight OK, except auto-land very rough.
- S: Auto-Land not installed on this aircraft.
- P: Something loose in cockpit.
- S: Something tightened in cockpit.
- P: Dead bugs on windshield.
- S: Live bugs on back order.
- P: Auto pilot in altitude-hold mode produces a 200 feet per minute descent.
- S: Cannot reproduce problem on ground.
- P: Evidence of leak on right main landing gear.
- S: Evidence removed.
- P: DME volume unbelievably loud.
- S: DME volume set to more believable level.
- P: Friction locks cause throttle levers to stick.
- S: That's what they're for.
- P: IFF inoperative.
- S: IFF always inoperative when in OFF mode.
- P: Suspected crack in windshield.
- S: Suspect you're right.
- P: Number 3 engine missing.
- S: Engine found on right wing after brief search.
- P: Aircraft handles funny.
- S: Aircraft warned to straighten up and fly right, and to be serious.
- P: Target radar hums.
- S: Reprogrammed target radar with lyrics.
- P: Mouse in cockpit.
- S: Cat installed.
- P: Noise coming from under instrument panel; sounds like a midget pounding on something with a hammer.
- S: Took hammer away from midget.

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