

13 YEARS AND OVER ONE MILLION LAUGHS! AMERICA'S #1 HUMOR MAGAZINE

# SD Digest<sup>®</sup>

More Than A Magazine!  
March 2018



HOME OF THE RUBY RED TO-GO BOX

NOW  
what have  
we got???

Howdy!  
I'm the new  
greeter

Welcome  
to Ken's!

Susan Glenn Caddell, DDS  
Page 3

Healthy Living Solutions  
Pages 9-13

Ken's Amish Market & Deli Menu  
Pages 16-17

**HUMOR • HEALTH • INSPIRATION**

# SLDigest®

**SENIOR LEGACY, INC.**

**Ken Gillette publisher / editor**

**graphic design**

Kay Atwell Blue Heron Studio

**contributing writer**

Susan Glenn Caddell, DDS

**HAVE SLDIGEST DELIVERED** right to your door! Just \$19<sup>97</sup> for a one-year subscription (12 issues) also includes SLD Products – TWO magazines in one! PLUS see page 10 for details on gift subscriptions and how you can save on five or more gifts. Checks, money orders & all major credit cards accepted.



SLDigest  
1196 Camp Ave.  
Mount Dora, FL 32757

**TWO  
in  
ONE!**

**To subscribe or  
for info on advertising, call**

**1.877.818.0371**

**ken@sldigest.com**

SLDigest is published with jokes that are not only clean but are also not intended to offend. Our jokes are for fun and laughter only and not at anyone's expense. We do well to remember, however, that sometimes we need to laugh at ourselves. Thank you ~ Ken Gillette, Editor



## Just A Note

by Ken Gillette  
Editor & Publisher

### THIS IS THE MONTH

we're trying to catch up, and I'd like to thank you for being so patient. I also want to thank you for your kind words about SLDigest. I'm amazed at the letters and phone calls that come into my little office in Mount Dora. I also want you to know I take all phone calls, that I am reachable; all you do is call our number and tell whoever answers that you want to discuss something with me and they'll forward your call. I get so many great ideas from you that it's always a pleasure to talk to you.

This month I'm expanding on something we've touched on before but this month we're really going all out. If you enjoy SLDigest and would like it for yourself, here's what you do: **With any purchase from SLDigest or one of our mailers, we'll give you one year's free subscription.** Our accountant made it clear we can do this just this one time. So when you make a purchase, tell whoever you order from that you want your free subscription. Thank you!

I hear lots of interesting stories from many of you to whom I have the pleasure of talking. It's inspiring how many of you are still doing some interesting and meaningful things, age has not slowed you down. So I'd like to encourage you if you're one of those who feel there's nothing to do at your age or that you're too old, too weak, not educated enough or what have you, I can assure you, you CAN do and SHOULD do what you feel would be worthwhile. Don't let others tell that you need to slow down simply because of the number of years you've logged. You can do anything you want to, just believe you can and you will.

I've always liked this quote: "If you knew who walked beside you on this path that you have chosen you would never know fear." Some of you may remember that President Roosevelt once said the only thing we have to fear is fear itself. Sometimes even those close to us will tell us it's not a good idea to pursue new goals or look to new horizons; my advice is to not say anything about your plans until you already made them and are going on your new project. You may not know this, but you have unlimited possibilities and that is the truth.

How do you know whether you can do a particular thing until you've taken the first step? Yes, it's not always easy. but your generation has a history of *continued on page 7*

# DR. CADDELL KNOWS

NO MATTER THE YEAR OR YOUR AGE,  
ONE THING IS ALWAYS IN STYLE:  
**A HAPPY, HEALTHY SMILE**



*Our Office Is Proud To Offer*

**Regular Preventative Program**

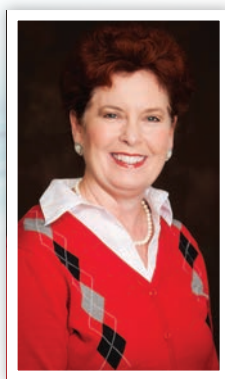
**Cosmetic Dentistry**

**Children's Dentistry**

**Crowns, Bridges and Implants**

**Dentures, Partials and Repairs**

**Extractions**



## Susan Glenn Caddell, DDS

*Family Dentist Since 1982*

109 W. Main Street • Tavares, FL 32778

**352.343.2821**

[www.susanglenncaddelldds.com](http://www.susanglenncaddelldds.com)



Angie's list  
[www.angieslist.com/review](http://www.angieslist.com/review)



"Likes" Us On Facebook!

## What It Takes To Be A Dentist

*submitted by Susan Glenn Caddell, DDS – provided by the American Dental Association*

**MANY PEOPLE MISTAKENLY BELIEVE** that they should see a dentist only if they are in pain or feel that something is wrong and are unaware of the importance of prevention and maintenance. A dentist is a doctor who specializes in more than teeth and gums. He or she can recognize and diagnose a range of health conditions. Dentists are doctors whose responsibilities include: performing comprehensive oral exams, interpreting x-rays and the results of diagnostic tests, providing preventive care (cleanings, sealants, fluoride), diagnosing oral diseases, creating treatment plans, monitoring growth and development of teeth and jaws, performing surgical procedures, and treating orofacial pain and oral trauma.

Even seemingly routine procedures can carry potential risks of complications and a dentist's oversight is critical for safe and effective oral care. In addition to treating teeth and gums, dentists treat the muscles and nerves of the head, neck and jaws; the tongue; and the salivary glands. They also screen for oral cancer. Dentists can recognize early warning signs in the mouth that may indicate disease elsewhere in the body. Their training also enables them to recognize situations that warrant referral to dental specialists or physicians.

The level of education and clinical training required are on a par with those of medical schools. The traditional core curriculum during the first two years of dental and medical school is the same. During the second two years, dental students focus on diagnosing and treating oral diseases. After earning their undergraduate and dental degree (eight years for most people), many dentists may continue their education in one of nine recognized dental specialties, requiring between two to four or more years of specialized training.

*continued on page 5*





# The Rolls & The Yugo

A guy driving a Yugo pulls up to a stoplight next to a Rolls Royce. He rolls down his window and shouts to the driver of the Rolls, “Hey, buddy, that’s a nice car. You got a phone in your Rolls? I’ve got a phone

in my Yugo!” The driver of the Rolls looks over and snobbishly says, “Yes, I have a phone.” The driver of the Yugo says, “Cool! Hey, you also got a fridge in there, too? I’ve got one in the back seat of my Yugo!” The driver of the Rolls, much annoyed, says, “Yes, I have a refrigerator.” The driver of the Yugo says, “That’s great, man! Hey, you got a TV in there? You know, I’ve got a TV in the back seat of my Yugo!” The driver of the Rolls, quite irritated by now, replies, “Of course, I have a television. A Rolls-Royce is the finest luxury car in the world!” The driver of the Yugo says, “Yes, a very cool car! Hey, you got a bed in there? I’ve got a bed in the back of my Yugo!” The driver of the Rolls, upset that he does not have a bed, speeds away and goes straight to the dealer, where he promptly orders a bed to be installed in the back of his Rolls-Royce. The next morning, he returns to pick up his car, and the bed looks superb. It’s complete with silk sheets and a brass-trimmed headboard. It’s clearly a bed fit for a Rolls-Royce. So the driver of the Rolls begins searching for the Yugo. He drives around all day and finally finds the Yugo late that night. The Yugo is parked, with all the windows fogged up from the inside. He gets out and knocks on the window of the Yugo. When there isn’t any answer, he continues knocking and knocking until finally, the owner of the Yugo lowers the window and sticks out his soaking wet head. “I now have a bed in the back of my Rolls-Royce,” the driver of the Rolls states smugly. The driver of the Yugo looks at him narrowly and says, “You got me out of the shower to tell me that??”

---

*“Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.”*

—Albert Schweitzer

---

## ∞ If The Shoe Fits ∞

A man walks into a shoe store and tries on a pair of shoes. “How do they feel?” asks the sales clerk. “Well they feel a bit tight,” replies the man. The assistant promptly bends down and has a look at the shoes and at the man’s feet. “Try pulling the tongue out,” the clerk says. “Well, they thtill theel a bith tightth.”

**I WAS PLAYING GOLF** with this 85-year-old man recently on a course that I was unfamiliar with. On the third hole, I asked him what’s the best part of the fairway to be on, and he replied, “The top.”

**A CARTOON HANGING IN** my office shows a sinking cruise ship with the passengers in lifeboats. The caption under it says, “It figures – one more square and I would have had BINGO!”

# Browsing In Hardware

“You just go ahead,” the man in the shopping mall said to his wife. “While you’re shopping, I’ll browse in the hardware store.” An hour later, she returned and saw him at the checkout counter. The clerk was ringing up the last of a pile of tools and supplies that would fill two wheelbarrows. “Are you buying all this?” his wife asked incredulously. “Well, yes,” he said, somewhat embarrassed. Then waving his arm toward the interior of the store, he added, “But look at all the stuff I’m leaving behind!”



## ∞ Going To Jamaica ∞

A blonde gets on an airplane and sits in the first available seat. The flight attendant is coming around checking tickets. She looks at the blonde woman’s ticket and tells the blonde, “Ma’am, you can’t sit here. Your ticket says coach and this is first class. Please move to the back of the plane.” The blonde replies, “I’m a blonde, I’m smart and have a good job. I’m not moving until the plane arrives in Jamaica.” So the flight attendant, now hot under the collar at the blonde’s response, goes to another flight attendant and tells him what happened. He goes to her and asks her to move to the back of the plane. Again she responds, “I’m a blonde, I’m smart and have a good job. I’m not moving until the plane arrives in Jamaica.” So the two flight attendants, steaming mad, go to the co-pilot and tell him what’s going on. He comes back to where the blonde’s sitting, leans over and whispers something in her ear. The two flight attendants are astonished when the blonde abruptly gets up from her seat and moves to the back of the plane. They look at each other and then the co-pilot and ask him what he told her. The co-pilot, feeling good about himself, tells them, “Oh, this happened awhile back with someone else. I just simply told the woman that the front half of the plane wasn’t going to Jamaica.”

To qualify for a license to practice, dentists must pass rigorous national written examinations and a state or regional written and clinical exam. To maintain their licenses, dentists must meet continuing education requirements for the remainder of their careers (The state of Florida requires 30 hours of continuing education every two years in addition to CPR recertification).

An estimated 164 million work hours are lost each year because of oral disease. Much of this can be avoided if people receive routine preventive care. The American Dental Association works to improve the nation's oral health through public education and legislative advocacy at federal and state levels...

...and that gives us all something to smile about. ❖

### ❧ Bubba's Application ❧

Good ol' Bubba applied for an engineering position at a Lake Charles refinery. A Yankee applied for the same job and both applicants, having the same qualifications, were asked to take a test by the manager. Upon completion of the test, both men only missed one of the questions. The manager went to Old Bubba and said, "Thank you for your interest but we've decided to give the Yankee the job." Old Bubba asked, "And why are you giving him the job? We both got nine questions correct. This being Louisiana, and me being a Southern boy, I should get the job!" The manager said, "We have made our decision not on the correct answers, but rather on the one question that you both missed." Old Bubba then asked, "And just how would one incorrect answer be better than the other?" The manager replied, "Bubba, it's like this; on question #4 the Yankee put down 'I don't know.' You put down, 'Neither do I.'"

### ❧ Family Bible ❧

A small boy visiting his grandparents opened the big family Bible. He was fascinated as he fingered through the old pages. Suddenly, something fell out. He picked it up and found that it was an old leaf that had been pressed flat between the pages. "Mama, look what I found," he called out. "What have you got there, dear?" his mother asked. With astonishment in his voice, the boy answered, "I think it's Adam's underwear!"

**ANOTHER SUNDAY SCHOOL TEACHER** said to her children, "We have been learning about how powerful the kings and queens were in Biblical times. But there is a higher power. Who can tell me what it is?" Little Tommy blurted out, "I know! Aces."



**WELL HELLO!** And welcome to the month of March. Here we are heading into spring and lots of great things are taking place here at Ken's. First, we have some great new desserts, and those who know me are aware of my love for good-tasting things. We have a new, even better tasting whipped cream in our Cream Puffs, just like the ones you get at the Wisconsin State Fair. This year I hear that we're going to have them in colors for the spring holidays! If you've never tried our cream puffs, I can tell you they'll make even a sourpuss smile.


Well, I've talked too much. I'm sure the Boss wants me to give you something to give you a good laugh. So here we go...

**A YOUNG BOY CAME** to Sunday School late one Sunday morning. His teacher knew that he was usually very prompt and asked him if anything was wrong. The boy replied that he was going to go fishing but his dad told him that he should really to go to church instead. The teacher was very impressed by this, and asked the boy if his dad had explained to him why it was more important to go to church than to go fishing. To which the boy replied, "Yes, ma'am, Dad said that he didn't have enough bait for both of us."

**MR. SCHWARTZ WAS THE OLDEST** of seven children, so he'd had to quit school and work to help support his younger brothers and sisters. As a result, he never learned to write, so when he married and started a checking account, he signed his checks simply "XX." Eventually he started his own business, which immediately prospered. Mr. Schwartz soon was a very rich man. One day, he got a call from his bank. "Mr. Schwartz," said the banker, "I need to ask you about this check. We weren't sure you had really signed it. All these years you've been signing your checks 'XX,' but we just got one that was signed with three XXX's..." Mr. Schwartz answered, "No problem, my friend. It's just that since I've become so wealthy, my wife thought I ought to have a middle name."

Well, those are just a couple of jokes I heard one day on the porch at the Deli. Have a good March and I'll see you in April.



Your feline friend,  
Fred 

P.S. Yup, cats can smile!



# Senior Personal Ads

- **MALE, 1932, HIGH MILEAGE**, good condition, some hair, many new parts including hip, knee, cornea, valves. Not running condition but walks well.
- **RECENT WIDOW**, just buried 4th husband, looking for someone to round out a six-unit plot. Dizziness, fainting, shortness of breath not a problem.
- **ACTIVE GRANDMOTHER WITH** original teeth seeking a dedicated flosser to share rare steaks, corn on the cob, and caramel candy.
- **SEXY, FASHION-CONSCIOUS**, blue-haired beauty, 80's, slim, 5'4 (used to be 5'6) searching for sharp-looking, sharp-dressing companion. Matching white shoes and belt a plus.
- **I USUALLY REMEMBER** Monday through Thursday. If you can remember Friday, Saturday, and Sunday, let's put our two heads together.
- **I STILL LIKE TO ROCK**, still like to cruise in my Camaro on Saturday nights, and still like to play the guitar. If you were a groovy chick, or are now a groovy hen, let's get together and listen to my eight-track tapes.

**A YOUNG MAN'S GRANDMOTHER** was turning 80 and had moved into a new condo. He wanted to drop by, see her new place, and wish her happy birthday. He called her and she instructed him as follows: "Park in front of the building and come to the main door. You'll see a big panel on the right. With your elbow, push button 115. I'll hit the buzzer and I'll let you in. Walk inside and turn right for the elevator. Get in, and with your elbow press number 115. Walk out of the elevator and turn left. Come down the hall to 115 and ring my doorbell with your elbow." "Grandmother," he says, "that's easy enough, but why the heck am I pushing all these buttons with my elbow?" "What?" she replies. "You're coming empty handed?"

## Andy's Wife

Andy's wife, refusing to give in to aging, goes out and buys a new line of expensive cosmetics guaranteed to make her look years younger. After a lengthy application of the "miracle" products, she asks her husband, "Darling, honestly, if you didn't know me, what age would you say I am?" Looking over her carefully, Andy thinks for a few moments. "Well, judging from your skin, I'd say twenty-five; your hair, about twenty-two; and your figure, twenty-five." "Oh, you flatterer!" she gushes, telling Andy how wonderful he is. "WHOA, hold on there, sweetie!" he interrupts. "I haven't added them all up yet!"

## Doctor's Orders

An 80-year-old man goes to the doctor with his wife. After the exam, the physician pulls the wife aside, and says, "I'm afraid your husband has an advanced stress disorder. He'll die very soon unless you do exactly as I prescribe." He hands her a paper on which he's written his instructions:

- Always be sweet and pleasant.
- Each morning, fix his favorite breakfast.
- Prepare delicious, healthy meals and snacks.
- Encourage him to nap whenever he wants.
- Don't let him do any chores.
- Under no circumstances nag him about anything.
- Give him regular massages.
- Make love at least twice a week.

"Keep this up for a year," continues the doctor, "and he'll return to a state of near-perfect health." Later in the car, the husband asks his wife what the doctor told her. She replies, "Honey, he said you're going to die soon."

## Trouble With Sand Traps

Sofia had just turned 80 years old. An avid golfer, she decided to move to Florida and join a country club. On Sofia's first day at her new club, she was told that there wasn't anybody else available for a game just then. Seeing her disappointment and wanting to make her feel welcome, the female assistant pro offered to play with her, and asked her how many strokes she wanted for a bet. The older woman said, "I don't think I need any strokes, I've been playing great lately. I just have a heck of a time getting out of sand traps." True to her word, the 80-year-old played beautifully. When they came to the par four 18th, she and the pro were all even. The pro hit a gorgeous tee shot, knocked her next one on the green, and two-putted for par. Then Sofia hit a great drive, but her second shot landed in a steep-sided bunker next to the green. Playing from the sand, she lofted a high, soft shot. It came down a few feet from the cup and rolled in for a birdie, winning her the match and all the money. Sofia was still standing in the trap when the pro walked over and said, "Beautiful shot! I thought you said you had a problem getting out of traps?" "I really do," Sofia replied. "Would you mind giving me a hand?"



perseverance. So if you begin a new endeavor, please let me know. I'd really like to hear about your project.

Thank you, and God Bless,

*Ken Gillette*

### ~ The Silent Treatment ~

A man and his wife were having some problems at home and were giving each other the silent treatment. Suddenly the man realized that the next day he would need his wife to wake him at 5 a.m. for an early morning business flight. Not wanting to be the first to break the silence (and LOSE), he wrote on a piece of paper, "Please wake me at 5 a.m." He left it where he knew she would find it. The next morning, the man woke up, only to discover it was 9 a.m. and he'd missed his flight. Furious, he was about to go and see why his wife hadn't wakened him, when he noticed a piece of paper by the bed. The paper said, "It's 5 a.m. Wake up."

### ~ How Blonde Was She? ~ She was soo blonde...

- She thought a quarterback was a refund.
- She thought General Motors was in the army.
- She thought Meow Mix was a CD for cats.
- At the bottom of an application where it says "Sign here," she wrote "Sagittarius."
- She spent 20 minutes looking at the orange juice can because it said "Concentrate."
- She tried to put M&M's in alphabetical order.
- She thought that she couldn't use her AM radio in the evening.
- She had a shirt that said "TGIF," which she thought stood for "This Goes In Front."
- She thinks Taco Bell is the Mexican phone company.
- She sent a fax with a stamp on it.
- Under "Education" on her job application, she put "Hooked On Phonics."
- She tripped over a cordless phone.
- When she heard that 90% of all crimes occur near home, she moved.

**BULLETIN BLOOPER** – "The concert held in the Fellowship Hall was a great success. Special thanks are due to the minister's daughter, who labored the whole evening at the piano, which as usual fell upon her."

## WHAT GOES INTO OUR F-R-O-G JAM?

Luscious Sweet  
**FIGS...**  
Fresh Juicy  
**RED RASPBERRIES...**  
Tangy Fresh  
**ORANGE PEEL...**  
and Zingy Grated  
**GINGER...**

*Mouth-wateringly delicious!*



It's what you DON'T see that makes us NATURALLY GOOD!

**\*TO ORDER, CALL 800.330.2563**

### AWESOME 3-INGREDIENT MEATBALLS

Ingredients:

- 1-lb. bag frozen fully cooked meatballs
- 9 oz. Amish Wedding F-R-O-G JAM\*
- 9 oz. Southern Farmhouse Apple Hickory BBQ Sauce\*

Combine jam and BBQ sauce in a small bowl or in the base of your slow cooker. Add meatballs and stir until coated. Cook on high for 2 to 3 hours. Enjoy as an appetizer or serve over rice.

335 S. HIGHLAND ST.  
MOUNT DORA



OPEN MON-SAT  
8 AM-6 PM

## "There's nothing like a KEN'S CREAM PUFF!"

Authentic Wisconsin State Fair recipe, fresh-made from scratch!

We use only **REAL CREAM** – no hydrogenated or partially hydrogenated oils!



**FRIDAYS ONLY!**  
Come early before they're gone!



# The Laws Of ULTIMATE REALITY

1. **LAW OF MECHANICAL REPAIR:** After your hands become coated with grease, your nose will begin to itch and you'll have to go to the bathroom.
2. **LAW OF GRAVITY:** Any tool, when dropped, will roll to the least accessible corner.
3. **LAW OF PROBABILITY:** The probability of being watched is directly proportional to the stupidity of your act.
4. **LAW OF RANDOM NUMBERS:** If you dial a wrong number, you never get a busy signal and someone always answers.
5. **LAW OF THE ALIBI:** If you lie and tell the boss you were late for work because you had a flat tire, the very next morning you will have a flat tire.
6. **VARIATION LAW:** If you change lines (or traffic lanes), the one you were in will always move faster than the one you now occupy.
7. **LAW OF CLOSE ENCOUNTERS:** The probability of meeting someone you know increases dramatically when you don't want to be seen.
8. **LAW OF THE RESULT:** When you try to prove to someone that a machine won't work, it will.
9. **LAW OF BIOMECHANICS:** The severity of the itch is inversely proportional to the reach.
10. **THE STARBUCKS LAW:** As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.
11. **LAW OF PHYSICAL SURFACES:** The chances of an open-faced jelly sandwich landing face down on a floor covering are directly correlated to the newness and cost of the carpet/rug.
12. **LAW OF PHYSICAL APPEARANCE:** If the shoe fits, it's ugly.
13. **WILSON'S LAW OF COMMERCIAL MARKETING STRATEGY:** As soon as you find a product that you really like, they will stop making it.

## Clean Floors

While electricians were working outside the old house I had just bought, I busied myself with indoor cleaning. I had just finished mopping the floor when one of the workmen asked to use the toilet. With dismay I looked from his muddy boots to my newly scrubbed floors. "Just a minute," I said, thinking of a quick solution. "I'll put down newspapers." "That's all right, lady," he responded. "I'm already trained."

## These Questions Should Be On Trial

- Q: Doctor, how many autopsies have you performed on dead people?**  
A: All my autopsies are performed on dead people.
- Q: Doctor, before you performed the autopsy, did you check for a pulse?**  
A: No.
- Q: Did you check for blood pressure?**  
A: No.
- Q: Did you check for breathing?**  
A: No.
- Q: So, then it is possible that the patient was alive when you began the autopsy?**  
A: No.
- Q: How can you be so sure, Doctor?**  
A: Because his brain was sitting on my desk in a jar.
- Q: But could the patient have still been alive nevertheless?**  
A: It IS possible that he could have been alive and practicing law somewhere.

**A GERMAN TEACHER WAS** talking to her students about some basic German grammar rules: "I go; You go; He goes; She goes; They go... Fritzchen, can you tell me what this means?" Fritzchen answered, "Well, I would say it means they have all gone!"

*"People demand freedom of speech to make up for the freedom of thought which they avoid."*

—Soren Aabye Kierkegaard (1813-1855)

## Robbing Lawyers

Two armed robbers tried to rob a lawyer's club, but the lawyers put up such a fight the robbers had to flee. Once they made their getaway, they counted their loot. "There's good news and bad news," said one robber to the other. "What you mean?" asked the other robber. "Well, the good news is we got away with \$60. The bad news is, uh, we went there with \$300. The lawyers apparently robbed us!"





# Ken's Best®

AND Catherine's Choice™

# Great Values Are Blowing Your Way!



Order today!

1.800.330.2563 or [www.aloes.com](http://www.aloes.com)



# MARCH Is Blowing VALUES Your Way!

SAVINGS CODE: A0318SL

**HELLO! NICE TO SEE YOU AGAIN,** we have some great specials for you this month. I'd especially like to tell you about **your opportunity for a free one-year subscription to SLDigest.** I'm sure many of you are aware of the Digest and our mission to add a few humorous moments to your day. I meet a lot of people of all ages in my business, and I've noticed that people who have a sense of humor generally have better overall health. This is no accident; leading doctors and mental health professionals are discovering the important role laughter plays in our lives. You need at least one good belly laugh a day. I'm lucky I was born with a great sense of humor; I got in trouble in school for giggling and laughing in class, and even in the Marine Corps I had no trouble laughing even when in some tough situations. During my years in the broadcast business, every day something funny would happen in the studio - sometimes a little too funny, especially if it was in the middle of a newscast. Just look around and you'll find something funny to make your day brighter, happier and healthier.

As an added incentive, you'll also find **extra money-saving specials** on everything from the finest tasting organic coffee to fresh-from-the-orchard Granny Smith Apple Cider. Enjoy, and God Bless,  
 -Ken Gillette, President, SLD Products

**NOW! FREE SHIPPING!!**  
*On most value offers*

**300 MG PER CAPSULE - 1/3 MORE THAN ANY OTHER!**



### Ken's Best® ALOE VERA

	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	K1203	K1206	K12010
Reg.	\$125.91	\$251.82	\$419.70
<b>SPECIAL PRICE</b>	<b>\$98.22</b> <i>plus FREE SHIPPING!</i>	<b>\$188.88</b> <i>plus FREE SHIPPING!</i>	<b>\$293.80</b> <i>plus FREE SHIPPING!</i>



### Ken's Best® NEW EYES

	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	KNES3	KNES6	KNES10
Reg.	\$170.91	\$341.82	\$569.70
<b>SPECIAL PRICE</b>	<b>\$136.74</b> <i>plus FREE SHIPPING!</i>	<b>\$256.38</b> <i>plus FREE SHIPPING!</i>	<b>\$398.80</b> <i>plus FREE SHIPPING!</i>



### Ken's Best® NOPAL

	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	NP3	NP6	NP10
Reg.	\$62.91	\$125.82	\$209.70
<b>SPECIAL PRICE</b>	<b>\$50.34</b> <i>plus FREE SHIPPING!</i>	<b>\$98.16</b> <i>plus FREE SHIPPING!</i>	<b>\$155.20</b> <i>plus FREE SHIPPING!</i>

### Ken's Best® ALOE VERA 1<sup>ST</sup> AID GEL



	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	KS153	KS156	KS1510
Reg.	\$29.91	\$59.82	\$99.70
<b>SPECIAL PRICE</b>	<b>\$23.34</b>	<b>\$44.88</b>	<b>\$69.80</b>

### Ken's Best® SPORTARUB



	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	KR83	KR86	KR810
Reg.	\$44.91	\$89.82	\$149.70
<b>SPECIAL PRICE</b>	<b>\$35.94</b>	<b>\$70.08</b> <i>plus FREE SHIPPING!</i>	<b>\$113.80</b> <i>plus FREE SHIPPING!</i>

**LIMITED TIME OFFER - ACT NOW!**

**CALL TODAY TO START SAVING! 1.800.330.2563**

*Offer Ends 4/15/2018* - \*Limit one offer per item per customer. All sale items not valid with any other offers, discounts or promotions.

If you're not delighted after a 90-day fair trial, claim a refund any time up to 90 days from purchase date! (S&H not refundable)  
 These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



# THIS MONTH'S SUPER SPECIAL

**12 Months of SLDigest FREE**  
with your order of \$50 or more

Scientific research has proven that laughter improves health and helps fight disease. We believe so strongly in these findings that we want to give you 12 months of laughter – a \$19.97 value – **ABSOLUTELY FREE!** Plus, you'll find **even more values on more products every month** in your SLDigest.

**OR – KNOW SOMEONE WHO'D ENJOY SOME LAUGHS?** Then give them a gift that keeps giving – send them a gift subscription **TODAY!** Great for birthdays, other special milestones or “just because,” they'll think of you every time their latest issue arrives. Your **\$19.97** one-year premier gift subscription will be personalized with your own greeting, and you'll receive a **12-oz. bag of your choice of Old Florida Coffee Roasters coffee FREE!**



**THIRTEEN YEARS & OVER 1 MILLION LAUGHS!** America's #1 Humor Magazine delivered directly to you!  
**CALL 1.800.330.2563 TO PLACE YOUR ORDER NOW!**

## Pain Free Living... START TODAY!

**Ken's Best® ALOE VERA**

**300 mg per capsule – 1/3 MORE than any other!**

Inflammation speeds aging. Aloe Vera helps get it under control.

Each Ken's Best® Aloe Vera capsule contains **300 mg. of high quality Aloe Vera Whole Leaf powder**, a natural anti-inflammatory against arthritis. And it contains powerful natural healing compounds that speed the growth of healthy new tissue to keep you feeling – and looking – younger and healthier from head to toe!

Code	Description	Price
KBA120	1 bottle 120 capsules	\$41.97

**Ken's Best® NOPAL**

Supports healthy blood sugar and cholesterol levels, weight control & more!

A natural remedy long used in herbal medicine, Nopal is sourced from the prickly pear cactus. A valuable source of vitamins A, C, B1, B2 and B3 and rich in calcium, magnesium, potassium and iron, Nopal helps lower cholesterol and improves blood sugar control. Its ample fiber aids digestion and helps ward off cravings, and 17 amino acids help keep you energized!

Code	Description	Price
NP	1 bottle 60 capsules	\$20.97

**Ken's Best® NEW EYES**

Seeing is Believing! High potency and powerful formula made with bilberry extract designed to keep every part of your eyes healthy so you see more clearly – night or day!

“I just read your latest mailer which asked us to send our latest success story! I have a great one. I don't need cataract surgery due to New Eyes, which I take daily. In fact, my cataracts have gotten smaller.” – **Constance D.**

Code	Description	Price
KNES	1 bottle 90 capsules	\$56.97

**Ken's Best® ALOE VERA 1ST AID GEL**

The perfect solution for nasty cuts, burns, bruises and bug bites!

Suitable for all ages, this gel speeds healing as only aloe can do. We know that once you try it, you'll never want to be without it again! Keep one in your kitchen, baths, car, garage, your workout bag or even in your office, so take advantage of our special values today!

Code	Description	Price
KS15	4 fl oz. bottle	\$9.97

**Ken's Best® SPORTARUB**

Rub it on and Pain is GONE! SportaRub® goes to work fast on aching joints and muscles!

Some pain responds best to heat. Other pain calls for icy cold. Fast-acting Ken's Best® SportaRub® works on both kinds of pain – putting a combination of cooling menthol, heat-producing methyl salicylate, and healing Aloe Vera right where you need it most.

Code	Description	Price
KR8	8 oz. bottle	\$14.97

**FREE SHIPPING on all orders totaling \$150 or MORE!**

Order today! **1.800.330.2563** or **www.aloes.com**



*"The best cream for winter skin!"*

## House of Creams BLACK COCONUT HAND & BODY CREAM

**MORE than just skin care!** This cream is like nothing you've ever seen – a breakthrough formula with a touch of satin!

*"Black Coconut Hand & Body Cream makes my skin feel and look soft and smooth again. I love the way it soaks into my skin without leaving a greasy residue." –Gaynelle Arthur*

**TREAT YOUR WINTER SKIN TO LUXURIOUS NOURISHMENT!** Our Black Coconut Cream gives you soft, healthy, youthful-looking skin. Made from the highest quality ingredients and manufactured under exacting standards, you'll soon see why so many people will never do without their Black Coconut Hand & Body Cream again!

A unique blend of therapeutic natural oils, botanical extracts, protective antioxidants, essential fatty acids, moisturizers, and vitamins provides skin with optimal health, appearance and protection. Fast absorbing, non-greasy formula leaves your skin feeling and looking great!

Power blended for maximum effects with vitamin A, Evening Primrose Oil, botanical extracts, protective antioxidants, essential fatty acids and moisturizers. And it's not just for hands – great for feet, knees and elbows, too!

	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	BC13	BC16	BC110
Reg.	\$38.91	\$77.82	\$129.70
<b>SPECIAL PRICE</b>	<b>\$31.14</b>	<b>\$60.72</b>	<b>\$97.30</b>

### House of Creams BLACK COCONUT HAND & BODY CREAM

Code	Description	Price
BC1	4 oz. jar	\$12.97



## Catherine's Choice™ ALOE VERA

**Inflammation speeds aging.  
Aloe Vera helps you get it  
under control.**

**Enjoy better health with less pain and more fun!** Catherine's Choice Aloe Vera is a natural anti-inflammatory that gradually relieves arthritis pain and other hidden inflammation without harmful side effects. Daily use of these small capsules can also help strengthen your immune system to support healing.



200 mg per capsule

Buy 3 at this      Buy 6 at this      Buy 10 at this  
**SPECIAL VALUE! SPECIAL VALUE! SPECIAL VALUE!**

Code:	A1203	A1206	A12010
Reg.	\$134.91	\$269.82	\$449.70
<b>SPECIAL PRICE</b>	<b>\$105.24</b>	<b>\$202.38</b>	<b>\$314.80</b>
	plus FREE SHIPPING!	plus FREE SHIPPING!	plus FREE SHIPPING!

### Catherine's Choice™ ALOE VERA

Code	Description	Price
A120	1 bottle 120 capsules	\$44.97

*Offers End 4/15/2018 – \*Limit one offer per item per customer. All sale items not valid with any other offers, discounts or promotions.*



## Catherine's Choice™ ANODIN PLUS

**Stops pain short!  
Keeps you active  
while it helps build healthy joints**

**An ideal companion to Aloe Vera!** Anodin Plus' combination of natural pain relievers and joint nutrients work for both immediate and long-term joint relief, day after day! It helps your body build healthy cartilage and keeps your joints well lubricated with glucosamine, MSM and hydrolyzed collagen.

	Buy 3 at this <b>SPECIAL VALUE!</b>	Buy 6 at this <b>SPECIAL VALUE!</b>	Buy 10 at this <b>SPECIAL VALUE!</b>
Code:	ANO23	ANO26	ANO210
Reg.	\$155.91	\$311.82	\$519.70
<b>SPECIAL PRICE</b>	<b>\$121.62</b>	<b>\$233.88</b>	<b>\$363.80</b>
	plus FREE SHIPPING!	plus FREE SHIPPING!	plus FREE SHIPPING!

### Catherine's Choice™ ANODIN PLUS

Code	Description	Price
ANO2	1 bottle 120 capsules	\$51.97

*A testimonial reflects the personal experience of one person. Individual results may vary.*

**Order today! 1.800.330.2563 or www.aloes.com**

# OLD FLORIDA COFFEE ROASTERS

*"Great coffee grown right!"*

100% ORGANIC • LOCALLY ROASTED • SHADE GROWN • RAINFOREST-FRIENDLY

**\$9.97**  
plus s&h  
12 oz. bag



- Farmhouse Blend
- Farmhouse Decaf
- Cafe Cubano
- Jamaican Me Crazy
- Pumpkin Spice
- Southern Pecan

**WHY IS SHADE GROWN SO IMPORTANT?** Coffee grown in shade needs little or no chemical fertilizers, pesticides or herbicides. The shade trees aid soil moisture retention, minimize erosion, and filter the carbon dioxide which contributes to global warming. Better for you, better for our environment!

*This Month - Two Great Offers!*

**\$29.91**

**BUY 3**  
any combo  
**Get the 4th FREE!**  
A \$39.88 VALUE

- or -

**BUY 6**  
any combo  
**Get the 7th FREE - plus FREE SHIPPING!**  
A \$70.82 VALUE

**\$59.82**



*"We'll never go back to big-name brands again. The difference in taste is amazing!"*

**ORDER YOUR COFFEE TODAY! 800.330.2563**

SEE OUR **FULL MARKET LINE** AT [SLDPRODUCTS.COM/AMISH-PRODUCTS](http://SLDPRODUCTS.COM/AMISH-PRODUCTS)

**Ken's AMISH MARKET & DELI** *Amish. Simply the Best!*

NATURALLY GOOD FOODS • RICH IN TRADITION  RICH IN TASTE • ARTISANAL • QUALITY • INTEGRITY

335 S. HIGHLAND ST. | MT. DORA | OPEN MON - SAT 8 AM - 6 PM



# Can't Outsmart A Geezer

An old geezer becomes very bored in retirement and decides to open a medical clinic. He puts a sign up outside that says: "Dr. Geezer's Clinic. Get your treatment for \$500; if not cured, get back \$1,000." Doctor Young, who is positive that this old geezer doesn't know beans about medicine, thinks this will be a great opportunity to get \$1,000. So he goes to Dr. Geezer's clinic. Dr. Young: "Dr. Geezer, I've lost all taste in my mouth. Can you please help me?" Dr. Geezer: "Nurse, please bring medicine from Box 22 and put three drops in Dr. Young's mouth." Dr. Young: "Aaagh!! This is gasoline!" Dr. Geezer: "Congratulations! You've got your taste back. That will be \$500." Dr. Young leaves annoyed but goes back after a couple of days, figuring to recover his money. Dr. Young: "I've lost my memory! I can't remember anything." Dr. Geezer: "Nurse, please bring medicine from Box 22 and put three drops in the patient's mouth." Dr. Young: "Oh, no you don't – that's gasoline!" Dr. Geezer: "Congratulations! You've got your memory back. That will be \$500." Dr. Young, now having lost \$1000, leaves angrily and comes back after several more days. Dr. Young: "My eyesight has become weak – I can hardly see anything!" Dr. Geezer: "Well, I don't have any medicine for that, so here's your \$1000 back." Dr. Geezer hands him a \$10 bill. Dr. Young: "But this is only \$10!" Dr. Geezer: "Congratulations! You got your vision back! That will be \$500." Moral of the story – just because you're "Young" doesn't mean that you can outsmart an old "Geezer."

## ~ A Dime A Dozen ~

While visiting an upscale retirement community, my wife and I decided to do some shopping and soon became separated. "Excuse me," I said, approaching a clerk. "I'm looking for my wife. She has white hair and is wearing white shoes." Gesturing around the store, the clerk responded, "Take your pick."

## ~ Fishing For Whiskey ~

"Poor old fool," thought the well-dressed gentleman as he watched an old man fish in a puddle outside a pub. So he invited the old man inside for a drink. As they sipped their whiskeys, the gentleman thought he'd humor the old man. "How many have you caught today?" he asked. The old man replied, "You're the eighth."

**IF YOU THINK NOBODY CARES** whether you're alive or dead, try missing a couple of payments.

**JOHN HEALD OF CARNIVAL** Cruise Lines used to tell the story of a man throwing a fit at the purser's desk moments after boarding while the ship is still docked for embarkation in Miami. John intervenes and finds out the man is furious because he is supposed to have an ocean view cabin. John asks for the deck plans, finds the man's cabin and points out to him that he indeed has a window...to which the man replies, "Yeah, but all I can see is the parking lot!"

# IT'S A MULLIGAN

A U.S. citizen is vacationing on his own in Ireland. He decides to play a round of golf and is paired with three local gents. He takes a few practice swings, steps up to the first tee, and proceeds to hook the ball out of bounds. He shakes his head, reaches in his pocket, and re-tees another ball. He tells his playing partners that he is taking a Mulligan. He pounds one down the center of the fairway about 280 yards out. With a big smile, he asks the others "In the U.S., we call that a Mulligan; was wondering what you called it here in Ireland." After a moment of silence, one of the locals replies, "Hitting three."



## ~ Let Me Get This Straight ~

Let's see if I understand this... if I cross the North Korean border illegally, I'll get 12 years of hard labor... if I cross the Iranian border illegally, I'll be detained indefinitely... but if I cross the U.S. border illegally, they'll give me a driver's license, Social Security card, welfare, food stamps, and free health care... huh???

## ~ Plumber's Rx ~

A local doctor called out a plumber in the middle of the night because one of his toilets was blocked. He insisted that it was urgent and that the plumber attend to the problem immediately. Upon arrival, the plumber lifted the toilet lid, threw in two aspirins, and said, "If it's still there in the morning, give me another call."

## ~ No Thank You ~

An American, a Frenchman and a German all sat in a pub together. Suddenly, Jesus appeared. The American said, "If it's true you can work miracles, can you please cure my injured knee?" The Frenchman asked Jesus, "If it's true you can work miracles, can you please cure my terrible backache?" The German then looked at Jesus and said, "Stay right away from me! I've just been signed off ill for six weeks."

## Simple vs. Real

A simple friend has never seen you cry.

A real friend has shoulders soggy  
from your tears.

A simple friend hates it when you call after he  
has gone to bed. A real friend asks you  
why you took so long to call.

A simple friend expects you to always  
be there for them. A real friend expects to  
always be there for you!

A simple friend seeks to talk with you about  
your problems. A real friend seeks to  
help you with your problems.

## No, Really

One evening after dinner, a six-year-old boy noticed that his mother had gone out, so he asked his father, "Where did Mommy go?" In answer to his question he was told, "Mommy is at a Tupperware party." This explanation satisfied him for only a moment. Puzzled, he asked, "What's a Tupperware party, Daddy?" The man had always given his son

honest answers, so he figured a simple explanation would be the best approach. "Well, son," he said, "at a Tupperware party, a bunch of ladies sit around and sell plastic bowls to each other." The boy nodded, indicating that he understood this curious pastime. Then he burst into laughter and said, "Come on, Daddy! What is it really?"

## Never Say No

A store manager overheard a clerk saying to a customer, "No, ma'am, we haven't had any for some weeks now, and it doesn't look as if we'll be getting any soon." Alarmed by what was being said, the manager rushed over to the customer who was walking out the door and said, "That isn't true, ma'am. Of course, we'll

have some soon. In fact, we placed an order for it a couple of weeks ago." Then the manager drew the clerk aside and growled, "Never, never, never, NEVER say we don't have something. If we don't have it, say we ordered it and it's on its way. Now, what was it she wanted?" The clerk smiled and said, "Rain."

# Ken's AMISH MARKET & DELI FRESH-BAKED COOKIES

"These cookies  
are the BEST!"

ORDER  
**NOW**  
FOR EASTER!



They'll love our  
cookies and  
they'll love you  
for the gift!

Personalized  
with your own  
special greeting

1 dozen  
**\$21.95**  
plus \$8.95  
s&h

## Cookies... a Gift of Love!

Chocolate Chip • Old-Fashioned Sugar • Oatmeal Raisin  
Peanut Butter • Chocolate M&M • Pecan Coconut

Random assortment or your favorite flavor

**WE SHIP!**  
BAKED THE DAY THEY'RE SENT

CALL TO ORDER TODAY  
**1.888.399.5002**



# GOURMET SANDWICHES

Created with 1/3 pound of freshly shaved Amish meat goodness, stacked mountain high, placed between two oven-baked bread, served with a generous portion of Amish macaroni salad and crispy kettle potatoes.

## THE COWBOY

Smokey horseradish sauce and muenster cheese piled on Amish roast beef, stacked high on fresh-baked 5-grain country farmhouse loaf bread.

**\$10.97**



**ROAST BEEF**

## THE MAE WEST

Our very own Rachel with mild chow chow, Thousand Island dressing, and melt-in-your-mouth baby Swiss cheese over Amish turkey on fresh-baked marble rye.

**\$10.97**

## CHICKEN DELIGHT

Troyer's famous mouth-watering Amish chicken salad, piled high between two slices of fresh-baked country farmhouse loaf bread.

**\$ 8.97**



**CHICKEN SALAD**

## THE RAZORBACK

Spicy deli mustard and cheddar cheese piled on Amish ham, stacked high between fresh-baked country farmhouse bread.

**\$10.97**

## THE GODFATHER

Zesty mayo and provone cheese piled on Amish pepperoni and salami, stacked high on fresh-baked Italian bread.

**\$10.97**



**SALAMI AND PEPPERONI**

## THE RED BARON

Amish German and Lebanon bologna piled high on fresh-baked country farmhouse bread, topped with zesty mayo and colby cheese.

**\$ 9.97**

## THE SUNRISE

Loaded with farm-fresh eggs, Amish cheddar cheese and meat, on your choice of fresh-baked **croissant** or **bread**. *Includes a drink.*

**\$ 8.97**



**EGGS AND HAM OR BACON**

## THE LOMBARDI

Amish pastrami stacked high on fresh-baked marble rye bread, topped with spicy deli mustard and velvety baby Swiss cheese.

**\$ 9.97**

## THE CHEESEHEAD

Choose any combination of 3 of our delicious Amish cheeses. Melted between two generous slices of fresh-from-the-oven sourdough bread.

**\$ 6.97**



**GRILLED CHEESE**

## THE BOBBY JOE

Our fresh-baked country farmhouse bread slathered with Amish peanut butter and your choice of Amish jelly: raspberry, strawberry or grape.

**\$ 4.95**

## THE COUNTRY REUBEN

Hot sauerkraut, Thousand Island dressing with baby Swiss cheese melted on Amish corned beef, stacked high atop fresh-baked marble rye bread.

**\$10.97**



**888.399.5002**



335 S. HIGHLAND ST. | MOUNT DORA, FL 32757



meat and cheese packed with  
 en two ample slices of fresh  
 s portion of creamy  
 le potato chips.



**TURKEY**



**HAM**



**GERMAN and LEBANON BOLOGNA**



**PASTRAMI**



**PEANUT BUTTER AND JELLY**



**CORNED BEEF**

# Ruby Red Gourmet Box on-the-go



PERFECT FOR:

Offices • Parties • Socials • Reunions • Retreats  
 Company Picnics • Meetings • Conferences • Seminars • More!

**LOTS of OPTIONS • WE DELIVER!**

CALL TO PLACE YOUR ORDER TODAY

**1.888.399.5002**

[www.kensamishmarket.com](http://www.kensamishmarket.com)

## BEVERAGES

Coffee Regular or Decaf	\$ 1.29
Iced Tea Regular or Decaf	\$ 1.99
Hot Chocolate	\$ 1.29
Bottled Water	\$ .99
Coke • Diet Coke • Sprite	\$ 1.99
Birch Root Beer • Diet Birch Root Beer	

## PRETZELS

Pretzel	\$ 1.69
Pizza • Cheese • Jalepeño	

## CINCY DOGS

Hot Dog (Mustard, Catsup)	\$ 1.97
Super Dog with Additional Toppings Amish Relish, Sauerkraut, Chow Chow, Garlic, Onion <i>Comes with Drink</i>	\$ 4.97
Cincinnati Coney Dog Mustard, Chili, Onion, Shredded Cheese <i>Comes with Drink</i>	\$ 5.97



## CINCINNATI CHILI

Chili from a city with a one-of-a kind SKYLINE  
**MADE FRESH DAILY!**

Chili Bowl Topped with shredded cheese	\$ 4.97
3-Way Chili Spaghetti, chili, shredded cheese	\$ 5.97
4-Way Chili Spaghetti, chili, onions, shredded cheese	\$ 6.97



Additional Toppings:  
**Fritos \$ .50**



# Diary Of A DEER HUNTER

- 1:00 AM:** Alarm clock rings.
- 2:00 AM:** Hunting partners arrive, drag you out of bed.
- 2:30 AM:** Throw everything except kitchen sink into pickup.
- 3:00 AM:** Leave for deep woods.
- 3:15 AM:** Drive back home to pick up gun.
- 3:30 AM:** Drive like crazy to get to the woods before daylight.
- 4:00 AM:** Set up camp. Forgot the tent.
- 4:30 AM:** Head for the woods.
- 6:05 AM:** See eight deer.
- 6:06 AM:** Take aim and pull trigger.
- 6:07 AM:** CLICK.
- 6:08 AM:** Load gun while watching deer go over hill.
- 8:00 AM:** Head back to camp.
- 9:00 AM:** Still looking for camp.
- 10:00 AM:** Realize that you don't know where camp is.
- Noon:** Fire gun for help. Starving; eat wild berries.
- 2:15 PM:** Run out of bullets; eight deer come back.
- 2:20 PM:** Strange feeling in stomach.
- 2:30 PM:** Realize that you ate poison berries.
- 2:45 PM:** Rescued.
- 2:55 PM:** Rushed to hospital to have stomach pumped, throw up instead.
- 3:15 PM:** Arrive back at camp.
- 3:30 PM:** Leave camp to kill deer.
- 4:00 PM:** Return to camp for bullets.
- 4:01 PM:** Load gun; leave camp again.
- 5:00 PM:** Empty gun on bug that is bugging you.
- 6:00 PM:** Arrive at camp; see deer.
- 6:02 PM:** Fire gun.
- 6:03 PM:** One dead pickup.
- 6:05 PM:** Hunting partners arrive in camp dragging deer.
- 6:06 PM:** Repress desire to shoot hunting partners.
- 6:07 PM:** Fall into fire.
- 6:10 PM:** Change clothing, throw burned ones in fire.
- 6:15 PM:** Take pickup, leave hunting partners and deer in camp.
- 6:25 PM:** Pickup boils over due to hole shot in block.
- 6:26 PM:** Start walking.
- 6:30 PM:** Stumble and fall, drop gun in mud.
- 6:35 PM:** Meet bear.
- 6:36 PM:** Take aim.
- 6:37 PM:** Fire gun, blow up barrel that's plugged with mud.
- 6:38 PM:** Pray.
- 6:39 PM:** Climb tree.
- 11:00 PM:** Bear leaves. Wrap gun around tree.
- Midnight:** Home at last. Fall on knees thanking Maker.
- Next day:** Watch football game on TV, slowly tearing up hunting license into small pieces; place in envelope and mail to Game Warden.

## Hostility

A Dutchman and German were sat next to one another on an airplane. The German took off his shoes and then stood up to get a drink. He asked the Dutchman if he would like him to fetch him a cola too. The Dutchman said that would be very nice. While the German man was getting the drinks, the Dutchman spat into his shoes. Towards the end of the flight, the German put his shoes back on and then realized what the Dutchman had done. He said to him, "Why do we always have this hostility between our two countries? Spitting in one another's shoes and weeing in each other's drinks!!"

## Insurance Coverage Explained

Airman Jones was assigned to the induction center, where he advised new recruits about their government benefits, especially their GI insurance. It wasn't long before Captain Smith noticed that Airman Jones was having a staggeringly high success rate, selling insurance to nearly 100% of the recruits he advised. Rather than ask about this, the Captain stood in the back of the room and listened to Jones' sales pitch. Jones explained the basics of GI Insurance to the new recruits, and then said, "If you have GI Insurance and go into battle and are killed, the government has to pay \$200,000 to your beneficiaries. If you don't have GI insurance and go into battle and get killed, the government only has to pay a maximum of \$6000." "Now," he concluded, "which group do you think they're going to send into battle first?"

### Q: WHAT'S THE DIFFERENCE between a Southern zoo and a Northern zoo?

A: A Southern zoo has a description of the animal on the front of the cage, along with a recipe.

## 🌿 Golf Riders In The Cart 🌿

Four old men went into the pro shop after playing 18 holes of golf. The pro asked, "Did you guys have a good game today?" The first old guy said, "Yes, I had three riders today." The second old guy said, "I had the most riders ever. I had five." The third old guy said, "I had seven riders, the same as last time." The last old man said, "I beat my old record. I had

12 riders today." After they went into the locker room, another golfer who had heard the old guys talking about their game went to the pro and said, "I've been playing golf for a long time and thought I knew all the terminology of the game, but what's a rider?" The pro said, "A rider is when you hit the ball far enough to actually get in the golf cart and ride to it."

*"Never let the odds keep you from doing what you know in your heart you were meant to do."*

—H. Jackson Brown, Jr.

## 🌿 Medical History 🌿

Due to a job transfer, Brian moved from his hometown to New York City. Being that he had a very comprehensive health history, he brought along all of his medical paperwork. When it came time for his first checkup with his new physician, the

doctor browsed through Brian's extensive medical history. Then the good doctor stared at Brian for a few moments before saying, "Well, there's one thing I can say for certain – you sure look better in person than you do on paper!"

**FOR THOSE WHO REMEMBER** World War II, I'm desperately trying to figure out why kamikaze pilots wore helmets.

## Swerving Blonde



A car is driving down the street when suddenly it starts violently swerving all over the road. The car keeps going back and forth, delaying traffic for miles until someone finally phones the police. A police officer pulls the car over and approaches the window. A blonde rolls down the window. "Excuse me, ma'am, but is there any explanation for your reckless driving?" he says. The blonde says, "Officer, I'm so glad you're here! There was a tree in the road, and I swerved. Then I saw another tree, and another, right in the middle of the road! So I had to swerve to keep from hitting them!" The officer looks at her, then says, "Ma'am, that's your air freshener."

# — MOBILE HOME — For Sale

**RECENTLY RENOVATED** 2 bedroom, 2 bath manufactured home in the country on 1.3 acres. Ideal for mature or retired person/s desiring a nice winter home (or all year around) in a community of retired folks. Quiet neighborhood just 15 minutes from Umatilla. Asking \$50,000.

— Call M. Boley at 352-669-7590 —

**GIVE YOUR FRIENDS THE GIFT OF Laughter**

Just **\$19<sup>97</sup>** for 12 issues in 12 months!

Good clean fun for everyone!

YES! PICKUP & DELIVERY!  
Breakfast & Lunch - we'll have it ready for you!  
Order ANY TIME online at kensamishmarket.com or call 1-888-399-5002

12 YEARS AND OVER ONE MILLION LAUGHS! AMERICA'S #1 HUNGRY MAGAZINE!

SL Digest

100% VEGAN! I'll My nose to Sodie. Keep your eyes open for my holiday specials!

COMEBY

See Page 10 for more information!

**CALL 877.818.0371 TO SUBSCRIBE TODAY!**  
or online at [SLDigest.com](http://SLDigest.com)



# WASH DAY WOES

A woman calls in a plumber when her washing machine breaks down. The plumber arrives, studies the machine, then produces a hammer and gives it a hefty whack. The washing machine starts working again and the plumber presents a bill for \$200. “Two hundred dollars?” says the woman. “All you did was hit it with the hammer.” So the plumber gives her an itemized bill: “Hitting washing machine with a hammer – \$5. Knowing where to hit it – \$195.”

*“In a busy world we still need to take time to laugh.”*

—Rev. James Snyder

**A WOMAN AND HER SISTER** spent two weeks in Paris. The locals obviously disliked Americans. No matter where the two went, they were subject to rude behavior from waiters, store clerks, pedestrians, etc. After a while it started to irritate them. One day, the sisters went shopping. They entered a storefront, and one began to look around while the other stayed by the door. They were the only customers in the store, and as the one sister was looking through the clothes on the rack, a clerk hurriedly approached her and very abruptly asked if he could help her. She was used to this bad treatment by now and she politely declined his help. She continued to look at the clothes. Then she noticed that every clerk in the store was staring at her. Defiantly, she continued to look through the clothes. When she could take this treatment no longer, she turned on her heels, with her head held high, grabbed her sister’s arm and left the shop. The woman’s sister followed, and as they left, she pointed to a sign on the store that said, “Dry Cleaners.”

*“What lies behind us and what lies before us are tiny matters compared to what lies within us.”*

—Henry Stanley Haskins

## Woman vs. Men

**MARRIAGE:** A woman marries a man expecting he will change, but he doesn’t. A man marries a woman expecting that she won’t change, and she does.

**ARGUMENTS:** Women always have the last word in an argument. Anything a man adds after that is the beginning of a new argument.

**CHILDREN:** A woman knows all about her children. She knows about their best friends, romances, secret hopes and dreams, favorite foods, fears and dental appointments. A man is vaguely aware of some short people living in the house.

# ICE FISHING, Southern Style



There were two good ol’ boys from warmer climes who loved to fish. They wanted to do some ice fishing that they’d heard about in Canada, so they took off to try it. The lake was nicely frozen, so they stopped just before they got to the lake at a little bait shop and got all their bait and tackle. One of them said, “We’re going to need an ice pick.” After they got their equipment, they took off. In about two hours, one of them was back at the shop and said, “We’re going to need another dozen ice picks.” The shop owner sold him the picks, and the good ol’ boy left. In about an hour, he was back at the shop again and said, “We’re going to need all the ice picks you’ve got.” The shop owner couldn’t believe it. “So,” he asked, “how are you fellows doing?” “Not very well at all,” the good ol’ boy said. “We don’t even have the stupid boat in the water yet.”

## Please Move

A man was addressing the ball when an announcement came over the loud-speaker: “Will the gentleman on hole number one please not hit from the ladies’ tee box.” The man backs away, a little distracted, then approaches his ball again. As he does, the same announcement comes over the loud-speaker: “Will the gentleman on hole number one please not hit from the ladies’ tee box.” The man is getting irritated now, and after backing away from his shot, approaches his ball one more time. This time the announcement came: “We really need the gentleman on hole number one to move off of the ladies’ tee box!” To which the man turns around and yells: “And I really need the announcer to shut up and let me play my second shot!”

**THE JUDGE SAYS TO THE** accused, “You’re charged with luring your neighbor into the forest and then savagely beating him. Do you not think you went a bit too far?” The accused replies, “Yes, you’re right. I should have done it beforehand in the meadow!”



# Pedal!

*Editor's Note: I recently received this piece via email from Pastor Tim. It has such a good message that I felt I had to pass it along to you, our readers. Penned by an unknown author, I hope you're as inspired by it as I am. It goes like this:*

**WHEN I WAS VERY YOUNG AND** thought about God, I first saw God as my observer, my judge, keeping track of the things I did wrong, so as to know whether I merited heaven or hell when I die. He was "out there," sort of like a president. I recognized His picture but I didn't really know him.

But later on, when I met Christ it seemed as though life were rather like a bike ride; but it was a tandem bike, and I noticed that Christ was in the back helping me pedal. I don't know just when it was that He suggested we

change places, but life has not been the same since.

When I had control, I knew the way. It was rather boring and predictable... It was the shortest distance between two points. But when He took the lead, He knew delightful long cuts up mountains and through rocky places at break-neck speeds – it was all I could do to hang on!

Even though it looked like madness, He said, "Pedal!" I worried and was anxious and asked, "Where are you taking me?" He laughed and didn't answer, and I started to learn to trust.

I forgot my boring life and entered the adventure. And when I'd say, "I'm scared!" He'd lean back and touch my hand. He took me to people with gifts that I needed – gifts of healing, acceptance, and joy. They gave me

gifts to take on my journey, my Lord's and mine. And we were off again.

He said, "Give the gifts away; they're extra baggage, too much weight." So I did, to the people we met, and I found that in giving I received, and still our burden was light.

I did not trust Him at first, in control of my life. I thought He'd wreck it, but he knows bike secrets; knows how to make it bend to make sharp corners, knows how to jump to clear high rocks, knows how to fly to shorten scary passages. And I'm learning to shut up and pedal in the strangest places, beginning to enjoy the view, the cool breeze on my face, with my delightful constant companion, Jesus Christ.

And when I'm sure I just can't do any more, He just smiles and says... "Pedal!" ❖



# A Guide To Being HANDY Around The HOUSE

1. If you can't find a screwdriver, use a knife. If you break off the tip, it's an improved screwdriver.
2. Try to work alone. An audience is rarely any help.
3. Despite what you may have been told, praying can be helpful in home repair... but only if you are working alone.
4. Work in the kitchen whenever you can... many fine tools are there, it's warm and dry, and you are close to the refrigerator.
5. If it's electronic, get a new one... or consult a twelve-year-old.
6. Stay simple minded: Get a new battery; replace the bulb or fuse; see if the tank is empty; try turning the switch to "on;" or just paint over it.
7. Always take credit for miracles. If you dropped the alarm clock while taking it apart and it suddenly starts working, you have healed it.
8. Regardless of what people say, kicking, pounding, and throwing sometimes DOES help.
9. If something looks level, it is level.
10. If at first you don't succeed, redefine success.
11. Above all, if what you've done is stupid, but it works, then it isn't stupid.

## ❧ Frog Legs ❧

A guest arrives at a restaurant and decides to order his meal. The waiter arrives promptly to take his order. The guest asks, "Do you have frog legs?" The waiter answers, "No, that's just the way I walk!"

## ❧ Make It Work ❧

A group of kids were asked the question, "How would you make a marriage work?" Ricky, age 7, sagely replied, "Tell your wife that she looks pretty, even if she looks like a dump truck."

## ❧ Noisy In Church ❧

My wife was reprimanding our three-year-old for being noisy in church. She said, "Gianna, why should you be quiet in church?" Gianna said, "Because Daddy's sleeping."

## ❧ The Greens ❧

George is golfing on his vacation. He finishes his round and goes into the clubhouse. The head pro says, "Did you have a good time out there?" George replies, "Fabulous, thank you." "You're welcome," says the pro. "How did you find the greens?" George says, "Easy. I just walked to the end of the fairways and there they were!"

**AT 15° ABOVE ZERO**, New York landlords finally turn on the heat. People in Minnesota have one last cookout before it gets cold.

# TAKING DONATIONS

A tired mother of four energetic little children opened the front door of her home to find a young minister from the neighborhood who said, "Good afternoon, ma'am, I'm collecting donations for the new children's home we're building. I hope you'll give what you can." "Oh, absolutely," said the beleaguered woman, "I'll give you two boys, two girls, or one of each."



## ❧ Congratulations ❧

Two young men who had just graduated from Harvard were excited and very talkative about their future plans as they got into a taxi in downtown Boston. After hearing them talk for a couple minutes, the cab driver turned around and asked them, "So, I'm guessing you men are Harvard graduates?" "Yes sir, we are! The Class of '08!" they both answered proudly. The cab driver extended his hand back to shake their hand, saying, "Congratulations! I'm Jerry, Class of '68."

**MY WIFE IS VERY THRIFTY.** She tells me I'll be cremated when I die. That's fine, the only problem is... she has a coupon, and it has an expiration date!

## ❧ Playing Hooky ❧

A Baptist pastor decides to play hooky on a Sunday to play golf. He's playing the best golf of his life when an angel asks God, "Are you going to let this slide? Do something!" So God says, "Watch this." The pastor hits a 425-yard tee shot and the ball goes in the hole for a double eagle. The angel asks, "Why did you reward him?" God says, "Who is he gonna tell?"

**A GOLFER WALKS OFF** the 18th green, hands his putter to his caddie and says, "Kid, you've gotta be the worst caddie in the world." The caddie says, "Sir, that would be too much of a coincidence."

WELL, I FEEL LIKE I JUST finished last month's article, and here we are again as we get already for the spring season! Yes, even in the South we have seasons and down here we know our season, or at least we change some of the things we do and the holidays remind us of the change.

I was thinking a little bit about "hospitality," as y'all call it in the North, so this month I'll tell you how it is in the South.

Northern hospitality can be summed up thusly: You walk into a dry cleaner's for the 30th time, and the proprietor, recognizing you at last, says, "You again!" If you're willing to accept that he's never going to give you a word of welcome, then you're welcome. The advantage of this form of Northern hospitality is that it works irritation right into the equation, up front. Let's face it: People irritate one another. Especially hosts and guests.

Irritation is a part of Southern hospitality too. Say you run into a Southerner where you live in the North. And you take a thorn out of his paw or something, and he declares, "I want you to come visit us! And sleep in my bed! Me and Mama will take the cot! And bring your whole family!" "Yes, do come," says the Southern wife. "We would love it." "And I want you to hold my little baby daughter on your lap!" her husband cries. "And Mama will cook up a whole lot of groceries, and we'll all eat ourselves half to death!"

And sure enough, you show up. The Southerners swing wide the portal, blink a little, and then recognize you and start hollering, "You came!

Hallelujah! Sit down here! How long can you stay? Oh no, you got to stay longer than a week; it'll take that long just to eat the old milk cow. Junior, run out back and kill Louisa. Milk her first."

"Here, let us carry all your bags—oh, isn't this a nice trunk—upstairs and..." You're a little disappointed to note that there is no veranda. "Oh, we lost our veranda in the Waw. Which Waw? Why, the Waw with you all. But that's all right." And you are prevailed upon to stay a couple of weeks, and you yield to the Southerners' insistence that you eat three huge meals a day plus several snacks to "tide you over."

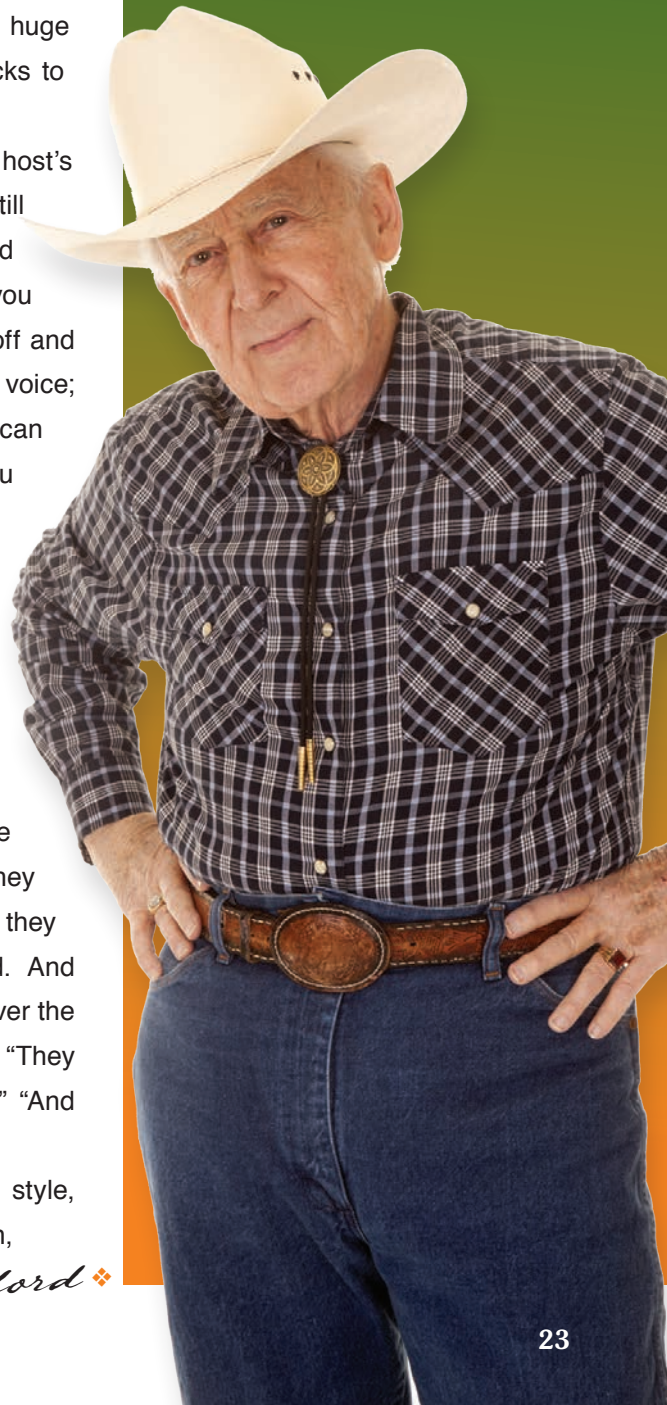
Finally you override your host's pleas that you stay around till the scuppernongs get ripe, and they say, "Well, I guess if you got your heart set on running off and leaving us," in a put-out tone of voice; they pack up a big lunch of pecan pie and collard greens for you to eat on the way home, and after you go through about an hour and a half of waving and repeating that you really do have to go and promising to come back—soon!—and to bring more relatives next time, you go back north. And the Southerners close their door. They slump back up against it. And they look at each other wide-eyed. And they say, shaking their heads over the simplemindedness of Yankees, "They came!" "And like to never left!" "And ate us out of house and home!"

That's hospitality Southern style, my friends. See y'all next month,

*Clifford* ❖

1.877.818.0371

# Here's CLIFFORD!



# Bubba's Logic



- » How many men does it take to open a beer? None; it should be opened by the time a woman brings it to him.
- » Why is a laundromat a really bad place to pick up a woman? Because a woman who can't even afford a washing machine will probably never be able to support you.
- » Why do women have smaller feet than men? It's one of those "evolutionary things" that allows them to stand closer to the kitchen sink.
- » How do you know when a woman is about to say something smart? When she starts her sentence with, "A man once told me..."
- » How do you fix a woman's watch? You don't; there's a clock on the oven.
- » If your dog is barking at the back door and your wife is yelling at the front door, whom do you let in first? The dog, of course. He'll shut up once you let him in.
- » What's worse than a male chauvinist pig? A woman that won't do what she's told.
- » I married Miss Right. I just didn't know her first name was "Always."
- » I haven't spoken to my wife for 18 months. I don't like to interrupt her.
- » What do you call a woman that has lost 95% of her intelligence? Divorced.
- » Marriage is a 3-ring circus: Engagement ring, Wedding ring, Suffer-ring.
- » Our last fight was my fault. My wife asked me, "What's on the TV?" I said, "Dust!"
- » Why do men die before their wives? Because they want to.

---

*"Jealousy is all the fun you think they had."*

—Erica Jong

---

**A COLLEGE SENIOR** took his new girlfriend to a football game. They found seats in the crowded stadium and were watching the action. A substitute was put into the game and as he was running onto the field to take his position, the boy said, "Take a good look at that fellow. I expect him to be our best man next year." His girlfriend snuggled closer and said, "That's the strangest way I ever heard of for a boy to propose to a girl, but regardless of how you said it, I accept!"

## ❧ Pull Over ❧

A police car pulled alongside a speeding car on the expressway. Glancing at the car, the cop was astonished to see the blond behind the wheel was knitting! Realizing that she was oblivious to his flashing lights and siren, the cop rolled down his window and shouted, "PULL OVER!" The blonde rolled down her window and yelled back, "NO, IT'S A SCARF!"

# SCOUT'S HONOR



My grandson spent two weeks touring the West with his Boy Scout troop. They had stopped at a bank to cash checks, and one boy was having trouble because he had lost his wallet. He still claimed he had identification, but he didn't want to show it. The pretty young teller insisted, so the Scout leaned forward and whispered in her ear. She motioned for him to come behind the counter. My grandson, who was tall enough to see over the counter, saw the blushing boy tug out his shirt tail, fold his belt over in back and then pull up the label on his underwear to show his name neatly printed there. The teller cashed his check.

## Ten Blondes And One Brunette

There were 11 people hanging onto a rope dangling from a plane. (I don't know how they got there – it's a joke, okay?) Ten were blonde, and one was brunette. They all decided that one person should get off because if they didn't, the rope would break and everyone would die. No one could decide who should go, so finally the brunette gave a really touching speech, saying how she would give up her life to save the others. All the blondes started clapping.

---

*"When I was young, if any of us kids got sick, my mother would bring out the chicken soup. Of course, that didn't work for broken bones; for broken bones, she gave us boiled beef."*

—George Burns

---

## ❧ Wrong Way ❧

A policeman pulls a blonde over after he'd been driving the wrong way on a one-way street. The cop says, "Do you know where you're going?" The blonde says, "No, but wherever it is, it must be bad because all the cars are leaving."

**Q: WHAT GOES VROOM, SCREECH, VROOM, SCREECH, VROOM, SCREECH?**

**A:** A blonde going through a flashing red light.



## A Son's Letter To His Dad

A father passing by his son's bedroom was astonished to see that his bed was nicely made and everything was picked up. Then he saw an envelope, propped up prominently on the pillow that was addressed to "Dad." With the worst premonition and trembling hands, he opened the envelope and read the letter:

Dear Dad:

It is with great regret and sorrow that I'm writing you. I had to elope with my new girlfriend because I wanted to avoid a scene with Mom and you. I have been finding real passion with Stacy and she is so nice. But I knew you would not approve of her because of all her body piercings, tattoos, tight motorcycle clothes and the fact that she is much older than I am - but it's only eight years. But it's not only the passion... Dad, she's pregnant. Stacy says we will be very happy. She owns a trailer in the woods and has a stack of firewood for the whole winter. We share a dream of having many more children. Stacy has opened my eyes to the fact that marijuana doesn't really hurt anyone. We'll be growing it for ourselves and trading it with the other people who live nearby for cocaine and ecstasy. In the meantime, we will pray that science will find a cure for AIDS so Stacy can get better. She deserves it. Don't worry, Dad, I'm almost 15 and I know how to take care of myself. Some day I'm sure that we will be back to visit so that you can get to know your grandchildren.

Love, Your Son, John

PS. Dad, none of the above is true. I'm over at Tommy's house. I just wanted to remind you that there are worse things in life than the report card that's in my center desk drawer. I love you. Call me when it's safe to come home.



## ❧ Apathy ❧

This recent question was presented to a German national: "What do you think is the biggest problem in Germany, uncertainty or indifference?" The German answered, "I don't know and I don't care!"

## ❧ Best Comeback ❧

The cop got out of his car and the senior woman in her seventies who he'd stopped for speeding rolled down her window. "I've been waiting for you all day," the cop said. The woman replied, "Yeah, well, I got here as fast as I could." When the cop finally stopped laughing, he sent the lady on her way without a ticket.

## ❧ A Sure Bet ❧

A German and an American placed bets on whose house would be built first. Four weeks later the American said, "Only 14 days and I'm finished!" The German said, "Only 14 more forms to fill out and then I can start!"

*If at first you don't succeed,  
skydiving is not for you.*

## ❧ Ah, Marriage ❧

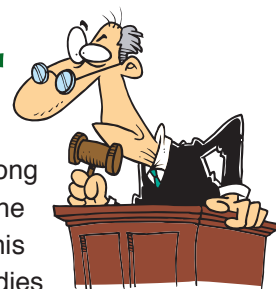
Recently I woke up in a particularly good mood. So much so that I felt compelled to look at my husband and say, "Honey, I love you." He returned my gaze and asked, "Why? What's the matter?"

## ❧ All Tied Up ❧

One day, after over 40 years of marriage, George, who had just retired, came home and was greeted by his wife, Gracie, dressed in a very sexy nightie. "You're finally retired, and after all these years you're not tied down to your business anymore," she purred, "so tie me up, and you can do anything you want." So he tied her up and went golfing.

## REASONABLE DOUBT

The defendant was on trial for murder. There was strong evidence indicating guilt, but there was no corpse. In the defense's closing statement the lawyer, knowing that his client would probably be convicted, resorted to a trick. "Ladies and gentlemen of the jury, I have a surprise for you all," the lawyer said as he looked at his watch. "Within one minute, the person presumed dead in this case will walk into this courtroom." He looked toward the courtroom door. The jurors, somewhat stunned, all looked on eagerly. A minute passed. Nothing happened. Finally the lawyer said, "Actually, I made up the previous statement. But you all looked on with anticipation. I therefore put it to you that you have a reasonable doubt in this case as to whether anyone was killed, and I insist that you return a verdict of not guilty." The jury, clearly confused, retired to deliberate. A few minutes later, the jury returned and pronounced a verdict of guilty. "But how?" inquired the lawyer. "You must have had some doubt; I saw all of you stare at the door." The jury foreman replied, "Yes, we did. But your client didn't."





# – IT'S THE LAW –

- » In North Carolina, it is against the law to use elephants to plow cotton fields.
- » In New York City, one is forbidden from shooting rabbits from the back end of a Third Avenue streetcar when it is moving.
- » In Kansas, people cannot shoot rabbits while in a motorboat.
- » A law in Detroit, Michigan, prohibits crocodiles from being tied to a fire hydrant.
- » Donkeys are not allowed to sleep in bathtubs in Brooklyn, New York.
- » People can be fined, arrested or jailed for making ugly faces at a dog in Oklahoma.
- » In Chicago, it is illegal to take a French poodle to the opera.
- » Florida has a law prohibiting the transporting of livestock on school buses.

---

*"If your ship doesn't come in, swim out to it!"*  
—Jonathan Winters

---

## 🌀 You Were Right 🌀

An aspiring young actor asked a young lady's father if he could have his daughter's hand in marriage. The father said, "I would never let my daughter marry an actor." The actor said, "Sir, I think you may change your mind if you see me perform. Won't you at least come and see the play?" So the father went to see the play, and the next day he called the actor, "You were right. I did change my mind. Go ahead and marry my daughter. You're no actor."

## 🌀 Emergency 🌀

Late one night, my dad's pager went off, summoning him to the hospital, where he is an anesthetist. As he raced toward the hospital, a patrol car sped up behind him, lights flashing. Dad hung his stethoscope out the window to signal that he was on an emergency call. Within seconds came the police officer's hand in response, dangling a pair of handcuffs out his window.

**GIRAFFITI:** Vandalism spray-painted very, very high.

**A MAN WENT TO SEE** his shrink. He says, "Doc, you've got to help me! Every night I dream that I'm a sports car. The other night, I dreamed I was a Trans Am. Another night, I dreamed I was an Alpha Romeo. Last night I dreamed I was a Porsche. What does this mean?" "Relax," says the shrink, "You're just having an auto-body experience."

# Once More For The Party

A lady is going all out throwing a party for her granddaughter. She'd hired a caterer, a band, and a clown. Just before the party starts, two bums show up looking for a handout. Feeling sorry for the bums, the woman tells them that she'll give them a meal if they'll chop some wood out back. Gratefully, they head to the rear of the house. The guests arrive, all is going well and the children are having a wonderful time. But the clown has not shown up. Finally, the clown calls to report that he's stuck in traffic and probably won't make the party at all. The woman is very disappointed and unsuccessfully tries to entertain the children herself. She happens to look out the window and sees one of the bums doing cartwheels across the lawn. She watches in awe as he swings from tree branches, does midair flips, and leaps high into the air. She runs out to the other bum and says, "What your friend is doing is absolutely marvelous! I've never seen such a thing. Do you think your friend would consider repeating this performance for the children at the party? I would pay him \$50!" The bum replies, "Well, I dunno. Let me ask him." He hollers, "Hey Merle! For \$50, would you chop off another toe?"



## 🌀 Good Choice 🌀

Two old, retired engineers were bicycling through the local park when one said, "Where did you get such a great bike?" The second retired engineer replied, "Well, I was walking along yesterday minding my own business when a beautiful woman rode up on this bike. She threw the bike to the ground, took off all her clothes and said, 'Take what you want.'" The first engineer nodded approvingly. "Good choice," he said. "The clothes probably wouldn't have fit."

## 🌀 Probably 🌀

Two boys were walking home from church after hearing a strong preaching on the devil. One said to the other, "What do you think about all this Satan stuff?" The other boy replied, "Well, you know how Santa Claus turned out. It's probably just your dad."

**ON THE FIRST DAY OF SCHOOL,** the kindergarten teacher said, "If anyone has to go to the bathroom, hold up two fingers." A little voice from the back of the room asked, "How will that help?"

## Who Should Do What

A man and his wife were having an argument about who should brew the coffee each morning. The wife said, "You should do it because you get up first, and then we don't have to wait as long to get our coffee." The husband said, "You're in charge of cooking around here, so you should do it because that's your job. I can just wait for

my coffee." The wife replied, "No, you should do it, and besides, it is in the Bible that the man should fix the coffee." The husband replied, "I can't believe that, show me!" So she fetched the Bible, and opened the New Testament and showed him at the top of several pages where it indeed says, "HEBREWS."

## Champagne To Celebrate

When we moved into our new home, the first one we owned rather than rented, two of my husband's friends gave him a bottle of champagne. In the hustle and bustle of getting settled, the gift was tucked away and temporarily forgotten. Three months

later we held a christening party for our third child. Champagne flowed in celebration until, running short, we remembered our housewarming gift. In front of our guests, I opened the attached card and read it aloud, "Donald, take good care of this one, it's yours!"

## Estate Planning

Once there was a single fellow who lived with his father and worked in the family business. When he found out he was going to inherit a fortune when his sickly father died, he decided he needed a wife with whom to share his fortune. One evening at an investment seminar, he spotted the most beautiful

woman he had ever seen. Her natural beauty took his breath away. "I may look like just an ordinary man," he said to her, "but in just a few years, my father will die, and I'll inherit 20 million dollars." Impressed, the woman took his business card and said she'd be in touch. Three days later, she became his stepmother.

*What's the difference between an obstacle and an opportunity? Every opportunity has an obstacle, and every obstacle has an opportunity.*

**LAST NIGHT MY RETIRED SISTER** and I were sitting in the den. I told her, "I never want to live in a vegetative state, dependent on some machine and fluids from a bottle to keep me alive. That would be no quality of life at all. If that ever happens, just pull the plug." So she got up, unplugged the computer, and threw out all my wine.

# Ken's AMISH MARKET & DELI

335 S. HIGHLAND ST. | MT. DORA

## PREMIUM MEAT & CHEESE

### BY THE POUND!



## For Deliciously Easy Workday Eats!

**GOURMET QUALITY • MSG-FREE**

Turkey • Roast Beef • Ham • Corned Beef • Pastrami  
Hard Salami • German Bologna • Braunschweiger  
Baby Swiss • Swiss • Cheddar • Provolone • Colby  
Muenster • Limburger • Brick • Brie



PACKED TO TAKE HOME IN OUR  
GOURMET RUBY RED ON-THE-GO BOX

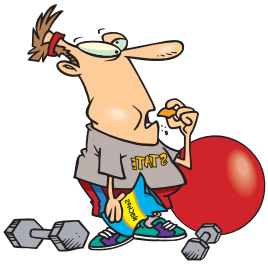
Items are representative only and shown with additional ingredients which are not included

OPEN MON - SAT 8 AM - 6 PM

**CALL AHEAD FOR  
FAST, EASY PICKUP TODAY**

**1.888.399.5002**





# MY HEALTHY BIRTHDAY GIFT

For my sixtieth birthday this year, my darling wife purchased a week of personal training at a local health club for me. Although I'm still in great shape from playing college football years ago, golfing twice a week and playing tennis at least once a week now, I still decided it would be a good idea to give it a try.

I called the club and made my reservation with a personal trainer named Belinda, who identified herself as a 26-year-old aerobics instructor and model for athletic clothing and swimwear. My wife seemed pleased with my enthusiasm to get started.

The Club encouraged me to keep a diary to chart my progress:

**MONDAY:** Started my day at 6 a.m. Tough to get out of bed, but it was well worth it when I arrived at the health club to find Belinda waiting for me. She was something of a Greek goddess – blonde hair, dancing eyes and a dazzling white smile. Woohoo!!! She took my pulse after 5 minutes on the treadmill. She was alarmed that my pulse was so fast, but I attributed it to standing next to her in her Lycra aerobics outfit. I enjoyed watching the skillful way in which she conducted her aerobics class after my workout today. Very inspiring! Belinda was encouraging as I did my sit-ups, although my gut was already aching from holding it in the whole time she was around. This is going to be a fantastic week!

**TUESDAY:** I drank a whole pot of coffee, but I finally made it out the door. Belinda made me lie on my back and push a heavy iron bar into the air... and then she put weights on it! My legs were a little wobbly on the treadmill, but I made the full mile. Belinda's rewarding smile made it all worthwhile. I feel great!! It's a whole new life for me.

**WEDNESDAY:** The only way I can brush my teeth is by laying my toothbrush on the counter and moving my mouth back and forth over it. I believe I have a hernia in both pectorals. Driving was okay as long as I didn't try to steer or stop. Belinda was impatient with me, insisting that my screams bothered the other club members. Her voice is a little too perky for this early in the morning and when she scolds, she gets this nasally whine that is *very* annoying. My chest hurt when I got on the treadmill, so Belinda put me on the stair monster. Why in the world would anyone invent a machine to simulate an activity rendered obsolete by elevators? Belinda told me it would help me get in shape and enjoy life. She said some other junk too.

**THURSDAY:** This morning Belinda was waiting for me with her vampire-like teeth exposed as her thin, cruel lips were pulled back in a full snarl. I couldn't help being a half hour late; it took me that long to tie my shoes. Belinda took me to work out with dumbbells. When she wasn't looking, I ran and hid in the

men's room. She sent Lars to find me, and then, as punishment, put me on the rowing machine which I sank.

**FRIDAY:** I hate that witch Belinda more than any human being has ever hated any other human being in the history of the world. The skinny, anemic, cheerleading little witch! If there were a part of my body I could move without unbearable pain, I would beat her with it. Belinda wanted me to work on my triceps. I don't have any triceps! And if you don't want dents in the floor, don't hand me those barbells or anything that weighs more than a sandwich. The treadmill flung me off and I landed on a health and nutrition teacher. Why couldn't it have been someone softer, like a drama coach or choir director?

**SATURDAY:** Belinda left a message on my voice mail in her grating, shrilly voice wondering why I hadn't shown up today. Just hearing her voice made me want to smash my phone. However, I lacked the strength to even use the TV remote and ended up catching eleven straight hours of the Weather Channel.

**SUNDAY:** I'm having the church van pick me up for services today so I can go and thank GOD that this week is over. I will also pray that next year my wife (the other witch) will choose a gift for me that is fun, like a root canal or having my sinuses drained.

## Two Cannibals

Two cannibals sat beside the fire after a sumptuous meal. One turned to the other and said, "Your wife sure makes a good roast." "Yeah," said the first, "I'm really going to miss her."

## A Touching Moment

All eyes were on the radiant bride as her father escorted her down the aisle. They reached the altar and the waiting groom. The bride kissed her father and placed something in his hand. The guests in the front pews responded with ripples of laughter. Even the priest smiled broadly. As her father gave her away in marriage, the bride gave him back his credit card.



## Bad, Good & Really Great

A man and his wife were scuba diving when she disappeared. The next day, he was greeted by two grim-faced policemen at his door. "We're sorry to call on you at this hour, Mr. Wilkens, but we have some information about your wife." "Well, tell me!" the man said. The policeman said, "We have some bad news, some good news and some really great news. Which do you want to hear first?" Fearing the worst, Mr. Wilkens said, "Give me the bad news first." So the policeman said, "I'm sorry to tell you, sir, but this morning we found your wife's body in San Francisco Bay." "Oh, my gosh!" said Mr. Wilkens, overcome by emotion. Then, remembering what the policeman had said, he asked, "What's the good news?" "Well," said the policeman, "When we pulled her up she had two five-pound lobsters and a dozen good-sized Dungeoness crabs on her." "If that's the good news, than what's the great news?!" Mr. Wilkens demanded. The policeman said, "We're going to pull her up again tomorrow morning."

*"My grandmother always used to say,  
If you've got a dollar, there's plenty to share."*

—Rihanna

### Unfaithful

A man goes to a shrink and says, "Doctor, my wife is unfaithful to me. Every evening, she goes to Moe's Bar and picks up men. In fact, she sleeps with anybody who asks her! I'm going crazy. What do you think I should do?" "Relax," advises the doctor, "take a deep breath and calm down. Now, tell me... exactly where is Moe's Bar?"

### The Eyewitness

Old Richard was an eyewitness in a burglary case. The defense lawyer asked Richard, "Did you see my client commit this burglary?" "Yes," said Richard, "I plainly saw him take the goods." The lawyer asks Richard again, "Richard, this happened at night. Are you sure you saw my client commit this crime?" "Yes," says Richard, "I saw him do it." Then the lawyer asks Richard, "Listen, you're 80 years old and your eyesight probably is poor. Just how far can you see at night?" Richard says, "I can see the moon; how far is that?"

**MUTT AND JEFF ARE RIDING** in an open box car on the old railroads. **Mutt:** "You know, Jeff, I was just thinking. I wish I knew the exact spot where I would die." **Jeff:** "Why in the world would you want to know that?" **Mutt:** "Cause I'd never go near the place."

*"Our heads are round so our thoughts can change direction."*

—Francis Picabia

## TIE DISCIPLINE

A school teacher injured his back and had to wear a plaster cast around the upper part of his body. It fit under his shirt and was not noticeable at all. On the first day of the term, still with the cast under his shirt, he found himself assigned to the toughest students in school. Walking confidently into the rowdy classroom, he opened the window as wide as possible and then busied himself with desk work. The classroom became a bit unruly and he admonished them. This happened several times. When he could do work at his desk, the strong breeze from the window made his tie flap annoyingly. He kept rearranging and rearranging the tie as the class raised its level of unruliness. Finally, becoming disgusted with the wayward tie, he stood up, grabbed a big stapler off his desk, and stapled the tie to his chest in several places. Discipline was not a problem from that day forth.

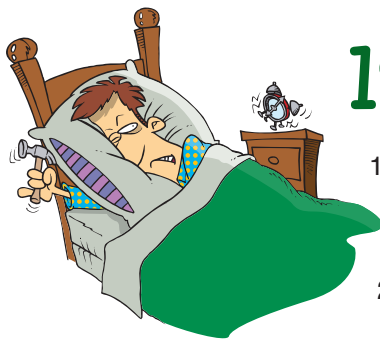


### Rear-End Collision

I rear-ended a car this morning. So there we are alongside the road and slowly the driver whose car I hit gets out of the car. I can't believe it... he's a dwarf! He storms over to my car, looks up at me and says, "I am not happy!" So I look down at him and say, "Well, then which one are you?" And that's when the fight started.

### What Did He Say?

A Swiss guy needing directions pulls up at a Zurich bus stop and finds two American tourists. "Entschuldigung," he says. "Koennen Sie Deutsch sprechen?" The two Americans just stare at him. "Parlez vous Francais?" he tries. The two continue to stare. "Parlare Italiano?" No response. "Hablan ustedes Español?" Still nothing. The Swiss guy drives off, disgusted. The first American turns to the second and says, "Ya know, maybe we should learn a foreign language." "Why?" says the other. "That guy knew four, and it didn't do him any good."



# 12 Adult Truths

1. Sometimes I'll look down at my watch three consecutive times and still not know what time it is.
2. Nothing stinks more than that moment during an argument when you realize you're wrong.
3. I totally take back all those times I didn't want to nap when I was younger.
4. How in the world are you supposed to fold a fitted sheet?
5. All map apps really need to start their directions on #5. I'm pretty sure I know how to get out of my own neighborhood.
6. Obituaries would be a lot more interesting if they told you how the person died.
7. Bad decisions make good stories.
8. You never know when it will strike, but there comes a moment at work when you know that you just aren't going to do anything productive for the rest of the day.
9. I'm always slightly terrified when I exit out of Word and it asks me if I want to save any changes to my ten-page technical report to which I swear I did not make any changes.
10. I keep some people's phone numbers in my phone just so I know not to answer when they call.
11. I disagree with Kay Jewelers. I would bet on any given Friday or Saturday night more kisses begin with Miller Light than with Kay.
12. Even under ideal conditions people have trouble locating their car keys or finding their cell phone – but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1.7 seconds, eyes closed, first time, every time.

---

**A COUPLE DROVE DOWN** a country road for several miles, not saying a word. An earlier discussion had led to an argument and neither wanted to concede their position. As they passed a barnyard of mules, goats, and pigs, the husband asked sarcastically, "Relatives of yours?" "Yep," the wife replied. "In-laws."

**YOU NEED ONLY TWO TOOLS IN LIFE** – WD-40 and duct tape. If it doesn't move and should, use the WD-40. If it shouldn't move and does, use the duct tape.

---

## ~ Last Request ~

John was on his deathbed, gasping weakly. "Grant me just one last request, dear," he murmured. "Of course, John," his wife said softly. "Six months after I die," he croaked, "I want you to marry Peter." "But I thought you hated Peter," she said. With his last breath John said, "I do!"

## ~ Payback ~

"Cash, check or charge?" I asked, after folding items the woman wished to purchase. As she fumbled for her wallet, I noticed a remote control for a television set in her purse. "Do you always carry your TV remote?" I asked. "No," she replied, "but my husband refused to come shopping with me, and I figured this was the most evil thing I could do to him legally."

## ~ Any Regrets? ~

A famous professor of surgery died and went to heaven. At the pearly gate he was asked by the gatekeeper, "Have you ever committed a sin you truly regret?" "Yes," the professor answered. "When I was a young candidate at the Hospital of Saint Lucas, we played soccer against the team from the Community Hospital. I scored a goal which was off-side, but the referee didn't see it, so the goal won us the match. I regret that now." "Well," said the gatekeeper, "that is a very minor sin. You may enter." "Thank you very much, Saint Peter," the professor answered. "I'm not Saint Peter," said the gatekeeper with a smile. "He's having his lunch break. I'm Saint Lucas."

**FEELING I'D HAD A** very productive day, I called my mother to brag. "What's it like having an awesome daughter?" I asked her. "I don't know," she replied. Why don't you ask your grandmother?"

# Eggplant Special

A grocer put up a sign that read, "Eggplants 25¢ each; three for \$1." All day long, customers came in exclaiming, "Don't be ridiculous! I should get FOUR for a dollar!" Meekly the grocer capitulated and packaged four eggplants. The tailor next door had been watching these antics and finally asked the grocer, "Aren't you going to fix the mistake on your sign?" "What mistake?" the grocer asked. "Before I put up that sign no one ever bought more than one eggplant."



# The Ruby Red Gourmet Box

on-the-go



**PACKED with MOUNTAIN-HIGH GOODNESS!**



The Country Reuben | See pages 16-17 for our full menu

What you **SEE** is what you **GET** – no photography tricks with our sandwiches! Start with your choice of premium, MSG-free Amish meat & cheese piled on fresh-baked bread; add the best Amish homemade macaroni salad you've ever tasted, a treat and a laugh for a true taste sensation – all conveniently packed into our convenient Ruby Red Box!

Order ANYTIME online  
**kensdeli.com**

or CALL 6 am-6 pm  
**1.888.399.5002**

**WE DELIVER!**  
See back cover for details

*Want to hang around?* Relax on our porch or patio!

**WOW!** **HOMEMADE FRUIT COBBLER**

*You've gotta try them!*

Blueberry • Apple • Peach • Strawberry

**IN A HURRY?**  
**CALL AHEAD PICKUP!**

Please allow 30 minutes for most pickup orders; conditions may apply

**TAKE HOME**

**AMISH. SIMPLY THE BEST.**

Senior Legacy Inc.  
1196 Camp Ave.  
Mount Dora, FL 32757

Presorted-Std  
U.S. Postage  
**PAID**  
Mid FL, FL  
Permit #57120

335 S. HIGHLAND ST. | MT. DORA | OPEN MON-SAT 8 AM-6 PM

# WE DELIVER!

**Gourmet Box  
Breakfast &  
Lunch – we  
bring it to you!**

**Any Size Group!\***

Order ANYTIME online at  
**kensdeli.com**  
or CALL

**1.888.399.5002**  
6 am–6 pm



**BOATERS!**

We'll meet you at the  
Gilbert Park boat ramp!\*

PERFECT FOR:

Offices • Parties • Socials • Reunions  
Company Picnics • Meetings • Conferences  
Retreats • Seminars • Tailgating

No warmers needed • Each gourmet box lunch comes  
complete – no assembly, no preparation • Zero cleanup!  
Lots of options • Gourmet quality • MSG free

\*\$50 minimum for delivery orders; orders must be placed by 1 pm; special orders and times available on request; delivery area subject to order – please call for details



# AMISH MARKET & DELI